

# Holy Trinity Roman Catholic Parish

October 22, 2023  
29th Sunday in Ordinary Time

*Glory be to the Father, and to the Son, and to the Holy Spirit.  
As it was in the beginning, is now, and ever shall be, world without end.  
Amen.*

## Welcome to Holy Trinity!

As Catholic Christians we seek to proclaim, celebrate, and live our faith joyfully and to express our love for Christ and each other.

If you are a visitor or are new to Regina or to our parish, we welcome you and hope you have a positive experience in your worship with us. Check our website for a helpful introduction to Holy Trinity and its various ministries and services. Please feel free to contact us with questions or comments. We look forward to meeting you!

To register in the parish, update your information, or request donation envelopes, pick up a form in the Gathering area (bulletin board) or print a copy from our website, call the parish office or drop in during office hours, [www.holytrinityregina.ca](http://www.holytrinityregina.ca).



**Reconciliation:** By prior arrangement and when possible  
45 min. before weekend Masses  
30 min. before weekday Masses (next is Oct. 31)

**Weddings & Funerals:** Contact Fr. Gaspar

## Coming Up at Holy Trinity (Weekday Rosary 25 minutes before Mass)

- |                     |   |
|---------------------|---|
| Fri. Oct. 20        | 6 to 9 pm, Couples for Christ, meeting room                                     |
| <b>Sat. Oct. 21</b> | <b>5 pm Mass:</b> Pro populo  |
| <b>Sun. Oct. 22</b> | <b>9 am Mass:</b> + Mike Chopty<br>Gift Bearing Family: Ikezahu                 |
| Sun. Oct. 22        | 10 am to 1 pm Pancake breakfast, hall, details page 2                           |
| <b>Sun. Oct. 22</b> | <b>11 am Mass:</b> + Eugene Hryb<br>Gift Bearing Family: Isaiah Murray & family |
| Sun. Oct. 22        | Pancake Breakfast served 10 am to 1 pm; free will offering, details page 2.     |
| Sun. Oct. 22        | 1 pm-4 pm, Couples for Christ, meeting room                                     |
| Sun. Oct. 22        | 5 pm Vietnamese Mass  |
| Mon. Oct. 23        | 1 pm, Lloyd Fiddler Funeral Service, Deacon Eric presiding                      |
| Tues. Oct. 24       | 1 pm Ecole St Mary Kindergarten welcome liturgy (pt 1)                          |
| Wed. Oct. 25        | 9 am Bible Study (#2), meeting room   |
| Wed. Oct. 25        | 1 pm Ecole St Mary Kindergarten welcome liturgy (pt 2) with Deacon Eric         |
| Wed. Oct. 25        | 6:30 pm Bible Study (#2), meeting room  |
| Thurs. Oct. 26      | 7 pm, Emmaus Family Support (details p. 3)                                      |

5020 Sherwood Drive  
Regina, SK S4R 4C2  
Phone: 306-543-3838  
Email: [htrinity@sasktel.net](mailto:htrinity@sasktel.net)  
Website: [holytrinityregina.ca](http://holytrinityregina.ca)  
(bulletin available online)

## At Holy Trinity:

### We pray for the following:

Ruth Morrison, Patricia Roddy, Gisele Croteau, Jacqueline Meeley, Troy Kocur

**We pray for the Repose of the Souls of our beloved ones, including** Brandon Armstrong, Edward Joseph 'Ted' Sullivan, Lloyd Fiddler, Renee Ferguson, Gwen Gusway, Marj Puchyr, Tex Emery Herperger, Janet Cameron, Dennis Klassen, Rita Ruiz, baby Aya Adeeva, Joan Milligan, James Worton, Manuel Deocareza

Sunday Donations October  
Regular collection: \$9,146.  
Average Holy Trinity expenses: \$21,661 monthly.



[Use this link](#) or on our website home page.

## Sacramental Preparation

### Baptism Preparation

For parents of infants & young children and expectant parents. Contact the office to register for next session.

[Registration form on website.](#)



Sacramental Preparation for First Reconciliation, First Eucharist & Confirmation is underway. We welcome these young people and pray for them on their journey to these sacraments.



### Holy Trinity Knights of Columbus

General meetings: now 2nd Tuesday of the month. Next meeting Nov. 14 after 7 pm Mass.

### Holy Trinity Catholic Women's League

General meetings: 2nd Monday of the month. Next meeting Nov. 13 after 6:30 pm Mass. Executive: Next meeting Nov. 6.

**Pastoral Staff****Pastor:** Rev. Gaspar Lucas 306-924-1993**Deacon** Rev. Mr. Eric Gurash**Sacramental Prep:** Leslie Young**Support Staff****Office Coordinator**

Heather Deis: 306-543-3838

**Custodian:** Dominic Dias**Office Hours** Mon. to Fri.—9 am to 3 pm  
Closed statutory holidays**Mass Times:****Sunday Mass Times 9 am & 11 am****Saturday 5 pm**

Mondays— no Mass

Tuesdays—7 pm; Wednesday, Thursday &amp; Friday Masses 8:30 am

**NOTE no weekday Masses until Oct. 31.** Fr. Gaspar on vacation

October 8 to 27.

First Friday Eucharistic Adoration after 8:30 am Mass, next is Nov. 3.

**Catholic Women's League at Holy Trinity**

CWL memberships due, \$40. Give to an executive member, use blue envelope or place in brown envelope on the CWL bulletin board.

**'A BABY SHOWER for MARY'** is the theme for our Spiritual Adoption Birth Day Party this year! Planned for Sat/Sun, Oct 28/29.

Accepting the following items for the Families First program at Catholic Family Services:

- New or gently-used: receiving blankets, sleepers or any type of clothing for newborns to size 24 months
- Baby wipes
- Disposable diapers from newborn to size 5/6 (larger sizes needed by special needs families)
- Maternity clothes and prenatal vitamins
- Financial donations (envelopes will be available); cheques should be made out to Catholic Family Services (on Memo line write "Families First Program"). Receipts will be issued for donations of \$25 and over. Please include your name and full address with donation.

The wicker bassinet and financial donation box will be in the Gathering Area on the weekends of Oct. 21/22 AND Oct. 28/29.

If you have larger items to donate such as strollers, playpens, dressers, cribs, etc., contact Jamie Jones at Catholic Family Services (306) 525-0521. Please do not bring these items to the church.

Thank you for continuing to pray for all of the unborn and for your continued support of this worthwhile and very needed project.

Watch for the new spiritual adoption program to begin in January 2024.

**Turkey Pot Pies:** Pre-sale for parishioners, maximum 15 per family; sign the list in the Gathering Area. Limited quantities; first come, first served.

Welcome new bulletin advertiser, Denise Soroka with J.M.J. Spiritual Bookstore. Details page 4.

**Archbishop's Annual Appeal**

Packages for the Archbishop's Appeal have been mailed out; many of you have likely received yours. The mailout includes a letter from Archbishop Don with a detachable gift card, the 2023 Archbishop's Appeal brochure, and an envelope for submitting donations. Please note: your gift card should be placed in the return envelope provided, brought to the church office, put in the collection box, or mailed directly to the Archdiocesan office. If you have any questions, please contact the Holy Trinity office at (306) 543-3838.

[Watch Mitch Porter's Appeal Message](#)

Holy Trinity's goal is \$34,533

To date, we have raised \$9,589

**THIS WEEKEND: Pancake Breakfast at Holy Trinity: Sunday, Oct. 22—served 10 am to 1 pm.**

Pancakes, eggs, sausage, ham, syrup, strawberries, whipped topping, coffee, juice. Freewill offering. Hosted by K of C.

**Winter Clothing Drive for Marian Centre until October 31**

Shoes - sizes 8-10

Jeans - waist size 32-34

Belts

Boots

Sweaters

Graciously decline underwear &amp; socks

Organized by Holy Trinity Knights of Columbus

Ski Pants

Winter Clothing

Gloves &amp; Mitts

**Holy Trinity Parish on Facebook**—A great opportunity to be connected and up-to-date on our events and activities.You can find us by searching for "Holy Trinity Parish, Regina" on Facebook, or with this link; <https://www.facebook.com/holytrinityregina> 'Like' and 'Follow' us to stay informed and engaged!

**World Mission Sunday is October 22.** Also known as Propagation of the Faith and Evangelization of the Nations. Holy Trinity donation envelope for Oct. 22 is Propagation of the Faith. World Mission Sunday is an invitation to pray for and give to the missions. Started by Pope Pius XI in 1926 and designated for the second last Sunday of October.

If you are **diabetic** and experience an extreme drop in your blood sugar while in the church and are in need of something to elevate it, please note there are some items in a labelled blue container on the microwave in the kitchenette (main level just past the bathrooms). There are also two drinks (orange juice & iced tea) in the fridge, labelled 'For Diabetic Use Only'.

**Ongoing Need** for donations of coolers (to transport medicine & blood products to remote clinics), suitcases, duffle bags & back-packs, bedding, clothes, shoes (black ones required for students), baby items, first-aid, sewing & school supplies. To send to refugee camps, medical clinics, orphanages & schools in many developing countries. They can be dropped off in the marked box in the Gathering Area @ Holy Trinity or call Lois @ 306-543-3944 to make arrangements.

**Archdiocese of Regina Bulletin (Oct. 22) Link**

Oct. 26 CHAS Convention, Worship Leaders Conference

**Archdiocese of Regina Masses On-Line**<https://archregina.sk.ca/live>Links at [www.youtube.com/ArchdioceseRegina](http://www.youtube.com/ArchdioceseRegina)

Past Masses available online.

**THINKING FAITH Podcast** hosted by Deacon Eric Gurash and Dr. Brett Salkeld of the Archdiocese of Regina.

**TF370: Trusting the Lord In Times of Trial with Lisa Canning** This week on Thinking Faith, we are pleased to feature Lisa Canning, "The Possibility Mom," a recent keynote speaker at our 2023 ArchRegina Congress and Bishop's Appeal kickoff. Lisa shares her personal journey of trusting God in challenging times, drawing from her own experiences to offer six key tools for remaining hopeful and trusting God when life gets tough. Tune in as Lisa Canning, a mom of 11, mindset coach, and President of the Guiding Star Project, guides us on a path toward abundant trust in God's generosity. Show Snippet: "Scripture can be like a lifeline. Scripture can be like a phone, a friend. Scripture can be something that sustains us and gives us hope. And so I want to invite you to commit to memory scripture that helps you remember the truth of God's character, that reminds you why and, and yes, that you can trust him, that reminds you that no matter how bad something may seem, the Lord loves you and you can trust him."

Connect with Lisa; Instagram: [@lisacanning](https://www.instagram.com/lisacanning); <https://www.facebook.com/lisacanning>;<https://guidingstarproject.com/>[Listen to the podcast.](#)[Link to previous podcasts](#)

**Camp Monahan Christmas Dinner and Dance Fundraiser**, November 25 at Resurrection Parish. Music by Sed Contra and brisket dinner by Schmitt's Catering. Tickets are \$40 and can be purchased online at [www.camprmonahan.ca](http://www.camprmonahan.ca) or by contacting our office at (306)522-1047 or [camprmonahan@sasktel.net](mailto:camprmonahan@sasktel.net)

**Conquest Catholic Boy's Club** is up and running again this year! To join or try it out, come to our next meeting! Meetings are at St. Anne's Parish (1701 Cowan Crescent) Grades K-6 6:25 pm on Wednesdays Grades 7-12 6:25 pm on Fridays Questions? Call Mark Joubert at 306-527-1068

**Check the Bulletin Board for other community events:**

Oct. 24—Family Eucharistic Adoration at Holy Family, 6 pm to 7

Nov. 6—Steak Night—Holy Family fundraiser for Refugee family

Nov. 30—Scott Woods at Heritage United Church

Dec. 2—Briercrest College Christmas Musical (Caronport)

**Emmaus Family Support**

1 in 4 families experience mental health challenges. If you're looking for support, Emmaus Family Support is here to help. Join our community of caring individuals, meeting monthly at Holy Trinity parish in Regina (and accessible online via Zoom), who understand what you're going through.

Visit [emmaussupport.ca](http://emmaussupport.ca) or contact Deacon Eric Gurash at [emmausmentalhealth@gmail.com](mailto:emmausmentalhealth@gmail.com) or 306-721-6724 to learn more.

**Go Make Disciples** Deepen your faith and grow as a leader in your parish and community. Join the Archdiocese of Regina's Lay Formation Program this fall for a 3-year program that will provide you with the skills, tools, and knowledge to confidently speak about your faith and serve the people of God. We are currently accepting applications for our fall intake. For more information on how to register, contact Deacon Eric Gurash at 306-352-1651 ext 6724 or email him at [egurash@archregina.sk.ca](mailto:egurash@archregina.sk.ca).

**Archdiocese of Regina 2022 Pastoral Report** available online. [annual pastoral report and audited 2022 financial statements](#)

**Holy Cross Harvest Supper Sunday November 5** Turkey and Ham and all the fixings. This year's location at Resurrection Parish Hall 3155 Windsor Pk Rd. One setting (5 PM) Ticket: adults-\$25, Youth (6 to 12)—\$12. Children (aged 6 and under) Free. E-Transfer, cash or cheque can purchase them. E-Transfers: please send your e-Transfer to email – [bookkeeper.holycross@sasktel.net](mailto:bookkeeper.holycross@sasktel.net). Identify on your E-Transfer number of Adult, Youth and Child tickets. Cheques payable to Holy Cross Parish. Cutoff date for numbers is October 29. Please indicate all attendees, including children under 6 for the chair count. There are no tickets- your transactions and number of guests will be checked off at the door. Contact: Wayne Rutten (306) 789-8151 or John Lebersback (306)-533-8066 or contact the Holy Cross Office at (306) 347-0929 or email [hc.office@holycrossregina.ca](mailto:hc.office@holycrossregina.ca).

**Book, Puzzle & Plant Sale At Our Lady of Peace Church**, 425 Broad St. North, Friday, Oct. 20, 1 pm to 7 pm and Saturday, Oct. 21, 10 am to 3 pm. Donations accepted, please call Betty at 306 545-3402. Sponsored by OLOP Seniors with proceeds for the needs of the parish. Free admission, concession and 50/50 Raffle.

**Saturday, October 21 Workshop: Introductory Christian Centering Prayer**— a method of silent meditative prayer in which we experience God's presence within us. 10 am to 3 pm. Holy Rosary Cathedral (Use East Entrance). Suggested offering \$20. Lunch provided. More info or to register, Judy Corkery [judithcorkery@gmail.com](mailto:judithcorkery@gmail.com) or 306-543-2914.

**itwewin Corner** (*itwewin* is the Cree word which means 'the word' or 'as it is said...')

Archdiocese of Regina Truth and Reconciliation Healing Committee.

**Did you know...** Zagime Anishinabek First Nation is a Saulteaux (Nakawe) band formally known as Sakimay First Nation is located 16 kms northeast of Grenfell, Sask. With approximately 1400 members who live on and off reserve. Chief Sah-kee-may signed Treaty 4 on September 15, 1974. The people were known as the "Goose Lake People". Zagime Anishinabek (<https://zagime.ca/about/>) is a combination of Zagime, Shesheep Minoahchak, and Little Bone bands occupying the north and south side of Crooked Lake. Chief Lynn Acoose (<https://www.cbc.ca/news/canada/saskatoon/sakimay-first-nation-zagime-anishinabek-1.5295942>) reclaimed its original name Zagime Anishinabek First Nation, which was incorrectly named Sakimay, an error that took more than a century to correct.

**Fall Supper - Sunday, October 29, St. Martin de Porres Parish Hall**, 4720 Castle Road. Refreshments 4 pm. Supper: 5 pm. Schmitt's Catering: *Roast Chicken Breast, Pulled Brisket, Mashed Potatoes, Roasted Vegetables, Salads, and Cheesecake*. Tickets available after Mass on October 15 & 16 or at the parish office. E-transfer to [st.martinsadmin@sasktel.net](mailto:st.martinsadmin@sasktel.net) Adults: \$32. Children 4 - 10: \$15. Children under 4: free

At Holy Trinity, a number of parishioners are sensitive to strong odours. For the comfort and safety of others, please do not wear fragrance to church.

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**KNIGHTS OF COLUMBUS**

You are invited to join our parish council. Do more than you could by yourself. Contact through Holy Trinity office (306) 543-3838.

**Catholic Women's League**

We invite you to join our Council.



For information on membership and benefits, please contact: Sherry Enns at 306-530-5846

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**Spiritual Care in Hospital:**

Pasqua Hospital Interim Chaplain  
 Jennifer Holtslander 306-519-1380

General Hospital Chaplain  
 Jerry Fitzgerald 306-519-1405

Wascana Rehab Centre Chaplain  
 Joan Rink 306-530-6511



**Service & Repair**

**Rob Young**

Cell: **(306) 530-6318**

Regina



Bring eyeglass donations to Holy Trinity (plastic drawers in Gathering Area). Cases for glasses **not** needed.. Prescription & non-prescription, broken & loose lenses, swim goggles, sunglasses, reading glasses.

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**Archdiocese of Regina Weekly Report**

The week's top local stories, parish and diocesan events, and national and international news of Catholic interest delivered to your in-box every Friday.

