

Holy Trinity Roman Catholic Parish

November 26, 2023
Christ the King Sunday

*Glory be to the Father, and to the Son, and to the Holy Spirit.
As it was in the beginning, is now, and ever shall be, world without end.
Amen.*

Welcome to Holy Trinity!

As Catholic Christians we seek to proclaim, celebrate, and live our faith joyfully and to express our love for Christ and each other.

If you are a visitor or are new to Regina or to our parish, we welcome you and hope you have a positive experience in your worship with us. Check our website for a helpful introduction to Holy Trinity and its various ministries and services. Please feel free to contact us with questions or comments. We look forward to meeting you!

To register in the parish, update your information, or request donation envelopes, pick up a form in the Gathering area (bulletin board) or print a copy from our website, call the parish office or drop in during office hours, www.holytrinityregina.ca.



Reconciliation: By prior arrangement and when possible
45 min. before weekend Masses
30 min. before weekday Masses

Weddings & Funerals: Contact Fr. Gaspar

Coming Up at Holy Trinity (Weekday Rosary 25 minutes before Mass)

Fri. Nov. 24	7 pm Mass: Vietnamese Martyrs
Sat. Nov. 25	11 am to 5 pm: Couples for Christ, meeting room
Sat. Nov. 25	5 pm Mass: Ints Adam Krammer & Tate Chopty Gift Bearing Family: Alison Springinatic & family
Sun. Nov. 26	9 am Mass: + Alexis Tayco Sr. Gift Bearing Family: Luna Bastida & family
Sun. Nov. 26	11 am Mass: Pro populo Gift Bearing Family: Cohen Rumancik & family Sacramental prep lesson after Mass, hall
Sun. Nov. 26	5 pm Vietnamese Mass
Tues. Nov. 28	1:30 pm Forever in Motion, hall
Tues. Nov. 28	7 pm: Mass + Les Kwasnicki
Wed. Nov. 29	8:30 am Mass: + Marlin Leib
Thurs. Nov. 30	8:30 am Mass: + Ceferino & Elizabeth Bayer
Fri. Dec. 1	8:30 am Mass: + Fr. Pat Murphy followed by Eucharist Adoration
Sat. Dec. 2	10 am First Reconciliation
Dec. 2 & 3—1st Sun. Advent.	Bring wreaths for blessing (see p. 2)
Sat. Dec. 2	5 pm Mass: Ints Troy Kocur. Gift Bearing Family: Anonas
Sun. Dec. 3	9 am Mass: Pro populo Gift Bearing Family: Siapno
Sun. Dec. 3	11 am Mass: + Gwen Gusway Gift Bearing Family: Zane Young

**5020 Sherwood Drive
Regina, SK S4R 4C2
Phone: 306-543-3838
Email: htrinity@sasktel.net
Website: holytrinityregina.ca**
(bulletin available online)

At Holy Trinity:

We pray for the following:

Roy Kleininger, Gerry Turgeon, Ruth Morrison,
Gisele Croteau, Jacqueline Meeley, Troy Kocur

We pray for the Repose of the Souls of our beloved ones, including Fr. Pat Murphy, Ceferino Bayer, Valerian Karchewski, Brandon Armstrong, Edward Joseph 'Ted' Sullivan, Lloyd Fiddler, Renee Ferguson, Gwen Gusway, Marj Puchyr, Tex Emery Herperger, Janet Cameron, Dennis Klassen

Sunday Donations November
Regular collection: \$5,939.
Average Holy Trinity expenses: \$21,661 monthly.



Use this link or on our website home page.

Sacramental Preparation

Baptism Preparation

For parents of infants & young children and expectant parents. Contact the office to register for next session.
[Registration form on website.](#)

Sacramental Preparation for First Reconciliation, First Eucharist & Confirmation is underway. We pray for these young people on their journey to make their first reconciliation on December 2.



Holy Trinity Knights of Columbus
General meetings: now 2nd Tuesday of the month. Next meeting Dec. 12 after 7 pm Mass.



Holy Trinity Catholic Women's League
General meetings: 2nd Monday of the month. Next meeting Dec. 11 (details p. 2). Executive: Next meeting Dec. 4.

Christmas Masses: (full schedule next weekend)
Dec. 24 (Sunday): 10 am (Fourth Sunday of Advent)
Dec. 24: Christmas Eve: 7 pm and 10 pm
Dec. 25 (Monday): 10 am

Pastoral Staff**Pastor:** Rev. Gaspar Lucas 306-924-1993**Deacon** Rev. Mr. Eric Gurash**Sacramental Prep:** Leslie Young**Support Staff****Office Coordinator**

Heather Deis: 306-543-3838

Custodian: Dominic Dias**Office Hours** Mon. to Fri.—9 am to 3 pm
Closed statutory holidays**Mass Times:****Sunday Mass Times 9 am & 11 am****Saturday 5 pm**

Monday—no Mass

Tuesday—7 pm Mass

Wednesday, Thursday &

Friday Masses 8:30 am

First Friday Eucharistic Adoration after 8:30 am Mass, next is Dec. 1

For the comfort and safety of others,
please do not wear fragrance to church.**Becoming a Sanctuary for Christ**—Advent evening of adoration, prayer, reflection with Sr. Chantelle Bonk, PM.

Creative component optional. Priests available for individual reconciliation.

Wednesday, December 6 @ 7pm

Holy Trinity Parish – 5020 Sherwood Dr.

Drawing and colouring supplies for the creative component will be provided.

You are welcome to bring your journal, Bible, and any other creative medium that can be done from your pew.

No cost; donations for the creative supplies optional.

Questions? Email htrinityfaithformation@outlook.com**Catholic Women's League at Holy Trinity**Mark your calendars! Annual Christmas potluck is **Monday, Dec. 11**

Doors open at 5:30 pm with supper at 6:00 pm. There will be an appetizer table, main course table, dessert table, punch and other refreshments.

All are welcome to attend. Invite your spouse, family, and friends. Come and enjoy fellowship, fun and great food.

Plans for the evening include someone from O'Neill High School to explain how the Angel Program works. Your purchase of a \$2 ticket(s) can win you a beautiful Christmas item made by one of our members.

Someone will also be presenting from Angels 4 Warmth. Donations of yarn, fabric and monies (for a tax receipt) may be made that evening. This great organization makes items of warmth by knitting, crocheting and quilting. The finished items are passed on to the needy in Regina.

CWL memberships now due \$40. Give to an executive member, in your blue envelope or place in brown envelope on the CWL bulletin board.

Holy Trinity CWL extends a heartfelt thank you to all who took time to help make turkey pies the beginning of November, and to parishioners and friends who purchased them. Your support of our council is amazing.**If you are diabetic** and experience an extreme drop in your blood sugar while in the church and are in need of something to elevate it, there are some items in a labelled blue container on the microwave in the kitchenette (main level just past the bathrooms). There are also two drinks (orange juice & iced tea) in the fridge, labelled 'For Diabetic Use Only'.**Advent Wreath Blessing at Holy Trinity**

The Advent wreath is a Christian tradition that symbolizes the passage of the four weeks of Advent in the liturgical calendar.



Parishioners are invited to bring their own Advent Wreath to the Masses on the weekend of December 2nd & 3rd.

Wreaths will be placed in front of the altar before the Mass – the wreaths will be blessed during the Mass and then families will take the wreath back home after the Mass.

Next Weekend: Pancake Breakfast at Holy Trinity:
Sun. Dec. 3, 10 am to 1 pm

Pancakes, eggs, sausage, ham, syrup, strawberries, whipped topping, coffee, juice. Served 10 am to 1 pm. By donation. Hosted by Knights of Columbus.

2024 Donation Envelopes will be available in the Gathering Area very soon! Note you will have a new Envelope Number. Do not use previous year envelopes for 2024 donations.**2023 donations** must be received in collection box by 11 am on Sunday, December 31 to be included on charitable donation receipt for 2023. Outdoor mail slot may not be checked, so bring into main collection box that day. Thank you!**Advent Love Collection**—pick up a special Love Collection envelope for your gift to help those in need in our community. Holy Trinity Social Justice committee organizes and disburses funds to organizations who operate locally, nationally or globally to helping those most in need. Some of those organizations include Regina Food Bank, Valley Native Ministry, Marian Centre, Chalice Canada.**Parish Pastoral Council** meeting was Nov. 21. Thanks to all who attended. Mark your calendar for the Annual General Meeting on Sun. March 3, 2024 (after 11 am Mass).**Building Fund at Holy Trinity Parish**, As the end of the year 2023 draws near, we ask you to consider making a tax-deductible donation to the Parish's Building Fund. Parish Finance Committee, Building and Grounds, has worked hard to identify some major projects for 2024, such as fixing and re-surfacing the front steps, paving and marking the parking lot and the flooring in the Church basement — a few of the on-going projects required to maintain the Parish. Building Fund envelopes available in the pews or on the table by the Donation box at the entrance to the worship area. Please consider a generous donation. Must be received by Dec. 31, 11 am to receive charitable donation receipt for 2023.Alex Wlodarczyk, Parish Pastoral Council Chairperson
Michelle Gibney, Parish Finance Committee Chairperson**Holy Trinity Parish on Facebook**—A great opportunity to be connected and up-to-date on our events and activities.You can find us by searching for "Holy Trinity Parish, Regina" on Facebook, or with this link: <https://www.facebook.com/holytrinityregina> 'Like' and 'Follow' us to stay informed and engaged!**Archbishop's Annual Appeal** Holy Trinity's goal is \$34,533. To date, we have raised \$13,830.

We are so grateful for your generous support. In the coming weeks, as our Archbishop's Appeal comes to a close, we ask that you prayerfully consider making a one-time donation or consider giving monthly. We are so grateful for your generous support. In the coming weeks, as our Archbishop's Appeal comes to a close, we ask that you prayerfully consider making a one-time donation or consider giving monthly.

Archdiocese of Regina Bulletin (Nov. 26) Link
Advent Reflections by email, Lay Formation Class Auditing



Archdiocese of Regina Masses On-Line
<https://archregina.sk.ca/live>

Links at www.youtube.com/ArchdioceseRegina
Past Masses available online.

THINKING FAITH Podcast hosted by Deacon Eric Gurash and Dr. Brett Salkeld of the Archdiocese of Regina.

Theology Teachers & Curriculum Permeation Part 1

In this part one of two, Dr. Brett Salkeld and Dr. Brett Fawcett discuss interdisciplinary collaboration and the role of theology teachers in curriculum permeation

[Listen to the podcast.](#)

[Link to previous podcasts](#)

The Archdiocese of Regina is happy to present: **Bridging the Unbridgeable Gap: Beyond Polarization in the Church and in Society with Fr. Ron Rolheiser**

Monday, December 4, 7:00 – 8:30 pm at Resurrection Parish, Regina.

We live in a bitter divided time. Today, everywhere in the church and in the world, we find ourselves divided by different histories, ideologies, politics, religions, moral views and temperaments. Politics are stalemated, churches are splitting, and families struggle to sit down at a common table. And all of this being fed and enflamed by a hundred million websites vilifying each other. The gap is growing and seems unbridgeable. How can we respond? How can we begin to bridge this unbridgeable gap, as faithful Christians, as loving citizens, and as aching family members?

Christmas Baking Trays fundraiser for Cuernavaca project



Trays with an assortment of Christmas baking (cookies, squares, tarts). Large tray (36-40 pieces) \$35; Small tray (24-26 pieces) \$20. Order by December 1 by signing the list in the Gathering Area or call Debbie Bulych (306) 545-7654.

Advent Recollection: Reconciliation, Adoration, and Healing, Dec. 17,

Third Sunday of Advent (Gaudete Sunday) 5:00 to 7:30 pm
St. Cecilia Parish, 5020 – 7th Avenue, Regina

In the holy Advent season, experience a time of enlightenment through adoration and healing with Jesus who brought light to the world. During this busy time of preparing for Christmas, pause and take advantage of this recollection opportunity. Led by Fr. Sathi Antony, St. Gerard Parish, Yorkton

- Holy Mass – 5 pm.
- Adoration and individual Reconciliation – 5:45 pm.
- Release prayer for personal healing, from darkness to light – 7 pm.
- Refreshments and fellowship – 7:30 pm.

Nativity Displays “Scenes of Wonder” at Norman Kennedy Presbyterian Church, 5303 Sherwood. Sat. Dec. 2: 1-5 pm and 6:30-8 pm. Sun. Dec. 3: 1-5 pm; Mon. Dec. 4: 1-5 pm and 6:30– 8 pm. Free admission; accepting Food Bank donations or coins for missions. Tea & baking; silent auction of Gift Bags.

Conquest Catholic Boy's Club To join or try it out, come to our next meeting at St. Anne's Parish (1701 Cowan Crescent) Grades K-6 6:25 pm on Wednesdays Grades 7-12 6:25 pm on Fridays Questions? Call Mark Joubert at 306-527-1068
Purdy's Chocolates fundraiser—details in previous bulletins or on Holy Trinity bulletin board. **Orders must be in by Nov. 26** to be delivered for Christmas.

Communion to Shut-ins. If you, or someone in your family would like communion brought to a care home or own home in our parish, contact the Holy Trinity office (306) 543-38383.

Forever in Motion—a health initiative to promote physical activity with adults.

At Holy Trinity,
Tuesdays, 1:30 to 2:30 pm

Forever in Motion is held in the hall, with elevator access from the north door where there is accessible parking.

The program is led by a trained volunteer (Holy Trinity parishioner). Everyone welcome. [Brochure on bulletin](#)

Mental Health and the Spiritual Life: How Catholic Faith Practice Builds Mental Health Resiliency. Dive into the intersection of faith and mental health with Deacon Eric Gurash of Emmaus Family Support Ministries. Gain valuable insights as Deacon Eric draws from personal experiences to explore how our Catholic faith can be a powerful tool in navigating mental health challenges. Discover the synergy between faith practices and clinical therapies, and uncover strategies to build resiliency. Join us at Holy Family Parish for this Faith & Fellowship event on **Monday, November 27**, from 6:30 pm - 8:30 pm for an engaging discussion and Q&A blending faith and practical insights over snacks and refreshments. Don't miss this opportunity to deepen your understanding and enhance your well-being. Learn more about Emmaus Family Support Ministries at www.emmaussupport.ca.

Contact: spiritualenrichment@holyfamilyregina.com for more info.

itwewin Corner (*itwewin* is the Cree word which means 'the word' or 'as it is said...')

Archdiocese of Regina Truth and Reconciliation Healing Committee.

Did you know... The Métis Nation is recognized by the Canadian government and represents the Métis people in Saskatchewan. The definition of Métis (<https://metisnation.sk.ca/about-metis/#who>) as adopted by the Métis Nation – Saskatchewan is: "a person who self identifies as Métis, is of historic Métis Nation ancestry, is distinct from other Aboriginal peoples, and is accepted by the Métis Nation". The Gabriel Dumont Institute (GDI) (<https://gdins.org/metis-culture/>) keeps the Métis culture and history alive. Visit GDI Virtual Museum (<https://www.metismuseum.ca/>) to learn about the Métis people. To find out where the historical Métis communities were located go to Saskatchewan Metis Communities (<https://www.metismuseum.ca>) (Retrieved October 31, 2023)

Advent Music Sacra at Campion College. on December 10 at 2 pm. 2nd floor Chapel. Theme is Hope, Peace, Joy, and Love: Meditations on Advent. Embrace the joyful meaning of the season.

Development and Peace — Caritas Canada Urgent Help Needed
Development and Peace is raising funds for the Palestinian people besieged in the southern Gaza Strip, who are in urgent need of help. Facing a near-total blockade and ongoing bombardment, our partner Caritas Jerusalem urgently needs help to provide food, water, shelter, hygiene kits, healthcare and psychosocial support to the wounded, the displaced and the bereaved. You are invited to give generously to help our sisters and brothers in Gaza.

Development & Peace is now asking the Canadian Government to call for a ceasefire. You can help by writing to your Member of Parliament (sample available).

To donate visit <https://bit.ly/3Q519p7> or learn more at [Call for ceasefire; learn more and sample letter to your MP](#)

Tourtiers Meat Pies from Saint-Jean-Baptiste Parish, Regina
Details in previous bulletins or on Holy Trinity bulletin board.

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KNIGHTS OF COLUMBUS

You are invited to join our parish council. Do more than you could by yourself. Contact through Holy Trinity office (306) 543-3838.

Catholic Women's League

We invite you to join our Council.



For information on membership and benefits, please contact: Sherry Enns at 306-530-5846

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Spiritual Care in Hospital:

Pasqua Hospital Interim Chaplain
 Jennifer Holtslander 306-519-1380

General Hospital Chaplain
 Jerry Fitzgerald 306-519-1405

Wascana Rehab Centre Chaplain
 Joan Rink 306-530-6511



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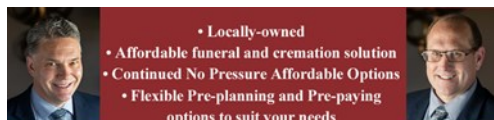
Rob Young

Cell: **(306) 530-6318**

Regina



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Archdiocese of Regina Weekly Report

The week's top local stories, parish and diocesan events, and national and international news of Catholic interest delivered to your in-box every Friday.

