

# Holy Trinity Roman Catholic Parish

January 7, 2024  
Epiphany of the Lord

*Glory be to the Father, and to the Son, and to the Holy Spirit.  
As it was in the beginning, is now, and ever shall be, world without end.  
Amen.*

## Welcome to Holy Trinity!

As Catholic Christians we seek to proclaim, celebrate, and live our faith joyfully and to express our love for Christ and each other.

If you are a visitor or are new to Regina or to our parish, we welcome you and hope you have a positive experience in your worship with us. Check our website for a helpful introduction to Holy Trinity and its various ministries and services. Please feel free to contact us with questions or comments. We look forward to meeting you!

To register in the parish, update your information, or request donation envelopes, pick up a form in the Gathering area (bulletin board) or print a copy from our website, call the parish office or drop in during office hours, [www.holytrinityregina.ca](http://www.holytrinityregina.ca).



**Reconciliation:** By prior arrangement and when possible  
45 min. before weekend Masses  
30 min. before weekday Masses

**Weddings & Funerals:** Contact Fr. Gaspar

**Coming Up at Holy Trinity** (Weekday Rosary 25 minutes before Mass)

- |                |  |
|----------------|--|
| Sat. Jan. 6    | 5 pm Mass: Epiphany of the Lord  |
| Sun. Jan. 7    | 9 am Mass: Epiphany of the Lord<br>Gift Bearing family: Siapno                 |
| Sun. Jan. 7    | Pancake breakfast served 10 am to 1 pm<br>(hall) by donation, hosted by K of C |
| Sun. Jan. 7    | 11 am Mass: + Gordon Prawdzik<br>Gift Bearing family: Gartner                  |
| Tues. Jan. 9   | 1:30 pm Forever in Motion, hall  |
| Tues. Jan. 9   | 7 pm Mass  |
| Wed. Jan. 10   | 8:30 am Mass   |
| Thurs. Jan. 11 | 8:30 am Mass   |
| Fri. Jan. 12   | 8:30 am Mass   |
| Sat. Jan. 13   | 5 pm Mass  |
| Sun. Jan. 14   | 9 am Mass  |
| Sun. Jan. 14   | 11 am Mass   |
| Sun. Jan. 14   | 5 pm Vietnamese Mass   |

**No Weekday Masses: Jan. 17, 18, 19, 24, 25**

Liturgical Calendar:  
Ordinary Time resumes  
Jan. 9 until the start of  
Lent on  
Ash Wednesday,  
February 14

5020 Sherwood Drive  
Regina, SK S4R 4C2  
Phone: 306-543-3838  
Email: [htrinity@sasktel.net](mailto:htrinity@sasktel.net)  
Website: [holytrinityregina.ca](http://holytrinityregina.ca)  
(bulletin available online)

### At Holy Trinity:

#### We pray for the following:

Gerry Turgeon, Ruth Morrison, Gisele Croteau,  
Jacqueline Meeley, Troy Kocur

**We pray for the Repose of the Souls of our beloved ones, including** Fr. Gary Lindenbach, John Volk, Roy Kleininger, Fr. Pat Murphy, Ceferino Bayer, Valerian Karchewski, Brandon Armstrong, Edward Joseph 'Ted' Sullivan, Lloyd Fiddler, Renee Ferguson, Gwen Gusway, Marj Puchyr, Tex Emery Herperger, Janet Cameron

Sunday Donations December  
Regular collection: \$11,212  
Average Holy Trinity expenses: \$21,661 monthly.



Use this link or on our website home page.

## Sacramental Preparation

### Baptism Preparation

For parents of infants & young children and expectant parents. Contact the office to register for next session. [Registration form on website.](#)

Sacramental Preparation continues. Classes resume Jan. 14 for First Eucharist & Confirmation. Join us in praying for the 33 young people making this journey of faith.



### Holy Trinity Knights of Columbus

General meetings: now 2nd Tuesday of the month. Next meeting Jan. 9 after 7 pm Mass.



### Holy Trinity Catholic Women's League

General meetings: 2nd Monday of the month. Next meeting Feb. 13. Executive: Next meeting Feb. 5.

Mass Intentions for Repose of the Soul or Intentions of a person available through the office for suggested donation of \$10 (cash or e-transfer).

**Pastoral Staff**

**Pastor:** Rev. Gaspar Lucas 306-924-1993

**Deacon** Rev. Mr. Eric Gurash

**Sacramental Prep:** Leslie Young

**Support Staff**

**Office Coordinator**

Heather Deis: 306-543-3838

**Custodian:** Dominic Dias

**Office Hours** Mon. to Fri.—9 am to 3 pm  
Closed statutory holidays

**Mass Times:**

**Sunday Mass Times 9 am & 11 am**

**Saturday 5 pm**

Monday—no Mass

Tuesday—7 pm Mass

Wednesday, Thursday &

Friday Masses 8:30 am

First Friday Eucharistic Adoration after 8:30 am Mass, next is Feb. 2.

For the comfort and safety of others,  
please do not wear fragrance to church.

**2024 Donation Envelopes** available in the Gathering Area. Note you will have a new Envelope Number. Please do not use previous year envelopes for 2024 donations.

**2023 donations**—receipts will be issued in late January or early February.

**House Blessing kits for Feast of Epiphany**

This weekend, each Holy Trinity household is invited to take home a kit containing the Epiphany blessing, a piece of chalk, and a small bottle of holy water for you and your family to bless your home.

It has been a tradition in a number of European cultures to pray a blessing over the home on the Feast of the Epiphany. Known as 'chalking the door' this Epiphany blessing is one way that families and individuals can invite God's blessing into their home and family life throughout the year.

The blessing is very simple. It involves a short reading from scripture, the tracing of "20 +C +M +B +24" (without the quotation marks) by a family member over the lintel of the main entrance to the home (inside or outside are equally fine options), and a short, shared prayer to end.

The numbers are for the current year.

The letters C, M, B have two meanings:

- They are the initials of the traditional names of the three magi: Caspar, Melchior, and Balthazar.
- They also abbreviate the Latin words *Christus Mansionem Benedicat*, which stands for "May Christ bless the house."

The "+" signs represent the cross, a reminder that it is through Christ's Passion, death and resurrection that all grace flows and that it will be our family's willingness to share each other's crosses throughout the year that will be the greatest source of blessing for all who abide in and enter our homes.

[Info and blessing on Archdiocese of Regina website](#)

**SUNDAY Pancake Breakfast at Holy Trinity: Jan. 7  
10 am to 1 pm**

Pancakes, eggs, sausage, ham, syrup, strawberries, whipped topping, coffee, juice. Served 10 am to 1 pm. By donation. Hosted by Knights of Columbus.

**VOLUNTEER OPPORTUNITY** - Holy Trinity Parish is looking for a Building and Grounds Coordinator to oversee the operation and maintenance of Holy Trinity Parish building and grounds. For details of the activities and responsibilities, contact the parish office.

**Advent Love Collection**—Thanks to all who donated during Advent. A total will be published here when final tally is complete.

**LOST & FOUND at Holy Trinity**

Items may be found in the blue bucket marked "Lost & Found" under the table in the Gathering Area. Items of more value may be in the office (keys, jewelry). Please call to inquire.

**Funeral Baking needed**—Wrap well and mark as Funeral Baking with the date and pass to a CWL Executive member or place in kitchenette fridge freezer (main floor).

**Building Fund at Holy Trinity Parish**, Thank you for your generous support of this fund as we plan for major projects this year. Total will be published next weekend.

Alex Wlodarczyk, Parish Pastoral Council Chairperson  
Michelle Gibney, Parish Finance Committee Chairperson

**Holy Trinity Parish on Facebook**—A great opportunity to be connected and up-to-date on our events and activities.



You can find us by searching for "Holy Trinity Parish, Regina" on Facebook, or with this link; <https://www.facebook.com/holytrinityregina> 'Like' and 'Follow' us to stay informed and engaged!

**Forever in Motion**—a health initiative at Holy Trinity to promote physical activity with adults.

**Tuesdays, 1:30 to 2:30 pm**

Forever in Motion is held in the hall, elevator access from the north door where there is accessible parking.

The program is led by a trained volunteer (Holy Trinity parishioner). Everyone welcome. [Brochure on bulletin board](#)

**Communion to Shut-ins.** If you, or someone in your family would like communion brought to a care home or own home in our parish, contact the Holy Trinity office (306) 543-38383.

**Catholic Women's League at Holy Trinity**

CWL memberships \$40. Give to an executive member, in your blue envelope or place in brown envelope on the CWL bulletin board.

**If you are diabetic** and experience an extreme drop in your blood sugar while in the church and are in need of something to elevate it, there are some items in a labelled blue container on the microwave in the kitchenette (main level just past the bathrooms). There are also two drinks (orange juice & iced tea) in the fridge, labelled 'For Diabetic Use Only'.

**Archdiocese of Regina Bulletin (Dec. 24) Link**  
Archbishop Christmas Message. Next bulletin Jan. 14

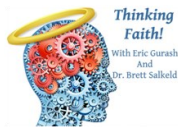


**Archdiocese of Regina Masses On-Line**

<https://archregina.sk.ca/live>

Links at [www.youtube.com/ArchdioceseRegina](http://www.youtube.com/ArchdioceseRegina)

Past Masses available online. Including Daniel Malone ordination to Transitional Diaconate & Christmas Masses



Thinking Faith!  
With Eric Gurash  
And  
Dr. Brett Salkeld

**THINKING FAITH Podcast** hosted by Deacon Eric Gurash and Dr. Brett Salkeld of the Archdiocese of Regina.

### Introducing Curriculum Permeation to Teachers - Part 1

In this part one of two episodes, Dr. Brett Salkeld visits with high school theology teacher, Tommy Kostielney of South Bend, Indiana to discuss ways that Tommy has introduced the idea of curriculum permeation to fellow teachers.

[Listen to the podcast.](#) [Previous podcasts](#)

**Made for Greatness, for Catholic Men**—January 12 at Our Lady of Peace, 6 pm. Regina's own Agnel George will be sharing with us what God has done in his life, what God is currently doing, and where God is leading him.

**January 23—Community Awareness/Education Symposium on Human Trafficking** with keynote speaker Sadhvi Siddhali Shree, speaker/author/filmmaker. Dinner event 5:30 to 8:30 pm DoubleTree Hilton ballroom, 1975 Broad St. [Hosted by Regina Women's Network, link to more information.](#)

[More info on Sadhvi Siddhali Shreen](#)

Sunday, January 14 Angels 4 Warmth will be working on thumbs and two-needle knitted mitts at Sherwood Library on Rochdale Blvd from 1:30-4:30 pm at Stitch, Craft and Chat. Mitts are most in demand for warmth. Please register. Contact Ruth at 306-543-0583. This is not a learn to knit class with one-on-one for assistance. We will have one of those for knit and crochet at a later date. We are hoping to show thumbs on two needles this time, expecting that people can do some basic knitting.

**Development and Peace** — Caritas Canada Urgent Help Needed  
Development and Peace is raising funds for the Palestinian people in the southern Gaza Strip, who are in urgent need of help. Caritas Jerusalem urgently needs help to provide food, water, shelter, hygiene kits, healthcare and psychosocial support to the wounded, the displaced and the bereaved.  
[You are invited to give generously to help.](#)

**Cuernavaca News:** Thank you to all who helped in any way with the Cuernavaca Christmas baking trays — those who baked, purchased trays and helped make up the trays. All is greatly appreciated! Bakers, you may pick up containers from main floor kitchen.

[Learn more about the Cuernavaca Project and ways to support them.](#)

**Archbishop's Annual Appeal** Holy Trinity's goal is \$34,533  
To date, we have raised \$31,839 and will publish final totals as soon as they are available.

**Lay Formation Class Auditing** Deepen your knowledge of the faith! The Archdiocese of Regina's Lay Formation Program is excited to offer the option to audit a variety of select classes and retreats. For a nominal fee per class you can explore a diverse range of topics each month, both in-person and online. Auditing does not require the completion of additional reflections or assignments, and audited classes do not count toward program completion.

[Follow the link for more information on how to join our community of lifelong learners today!](#)

**De Margerie Lectures on Christian Reconciliation and Unity, Grassroots Ecumenism** with Rev. Dr. Karen Petersen Finch, an ecumenical theologian in the Reformed tradition who specializes in dialogue with Roman Catholic theology at the local, national, and international levels. Karen is Professor of Pastoral Leadership at The Presbyterian College in Montréal, QC, Canada and represents the Presbyterian Church (U.S.A.) in the Reformed-Catholic Dialogue in the United States. Karen earned her doctoral degree from Gonzaga University with a dissertation recommending the theological method of Bernard Lonergan, S.J. for ecumenical dialogue. She later studied Lonergan as a Fellow of the Lonergan Institute at Boston College in Chestnut Hill, Massachusetts. Her book, *Grassroots Ecumenism: The Way of Local Christian Reunion*, is currently inspiring multilateral dialogue among lay people in the West Island of Montreal.

**Re-imagining Lay People as Stewards of Doctrine**  
Wed., Jan. 24, 7 pm, Riffel Auditorium, Campion College, University of Regina.

**Doctrine as the Fuel of Renewal**, Thurs., Jan. 25, 7 pm, St. Thomas More College, U of S, Saskatoon

Livestream Link:



[bit.ly/DeMargerie2024](http://bit.ly/DeMargerie2024)

Attend in-person, or through livestream using the QR code.

**Workshop: The Eucharist - Where is Jesus?** Sat. Jan. 27, 10am to 12 noon Christ the King Roman Catholic Church, 3239 Garnet Street. (workshops will not be livestreamed.)

**itwewin Corner** (*itwewin* is the Cree word which means 'the word' or 'as it is said...')

Archdiocese of Regina Truth and Reconciliation Healing Committee.

**Did you know...** From February 4 to 29, 2024, a display of paintings depicting each of the 94 Calls to Action resulting from the National Truth and Reconciliation Commission (2015) will be on display at the Neil Balkwill Arts Centre in Regina. The paintings are the work of students from the Balcarres Community School. More details coming.

**GriefSHARE Sessions at Christ the King**, 3239 Garnet Street.  
2 – 4 pm: Jan 23, 30, Feb. 6, 13, 20, 27, Mar. 5, 14, 19, 26, Apr 9, 16.  
Registration open now. Contact [lucyklindaann@gmail.com](mailto:lucyklindaann@gmail.com)

**Week of Prayer for Christian Unity** January 18 - 25  
The 2024 theme is "You shall love the Lord your God ... and your neighbour as yourself" based on Luke 10:25-37, prepared by an ecumenical team in Burkina Faso.

Local neighbourhood services and other observances are encouraged at any time of the year.

Local Service: Sun. Jan. 21, 3 pm at Lakeview United Church, 3200 McCallum Ave., Regina.

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**KNIGHTS OF COLUMBUS**

You are invited to join our parish council. Do more than you could by yourself. Contact through Holy Trinity office (306) 543-3838.

**Catholic Women's League**

We invite you to join our Council.



For information on membership and benefits, please contact: Sherry Enns at 306-530-5846

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**Spiritual Care in Hospital:**

Pasqua Hospital Interim Chaplain  
 Jennifer Holtslander 306-519-1380

General Hospital Chaplain  
 Jerry Fitzgerald 306-519-1405

Wascana Rehab Centre Chaplain  
 Joan Rink 306-530-6511



**Service & Repair**

**Rob Young**

Cell: **(306) 530-6318**

Regina



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**Archdiocese of Regina Weekly Report**

The week's top local stories, parish and diocesan events, and national and international news of Catholic interest delivered to your in-box every Friday.

