

Holy Trinity Roman Catholic Parish

June 2, 2024 Body & Blood of Christ

*Glory be to the Father, and to the Son, and to the Holy Spirit.
As it was in the beginning, is now, and ever shall be, world without end.
Amen.*

Welcome to Holy Trinity!

As Catholic Christians we seek to proclaim, celebrate, and live our faith joyfully and to express our love for Christ and each other.

If you are a visitor or are new to Regina or to our parish, we welcome you and hope you have a positive experience in your worship with us. Check our website for a helpful introduction to Holy Trinity and its various ministries and services. Please feel free to contact us with questions or comments. We look forward to meeting you!

To register in the parish, update your information, or request donation envelopes, pick up a form in the Gathering area (bulletin board) or print a copy from our website, call the parish office or drop in during office hours, www.holytrinityregina.ca.



Reconciliation: By prior arrangement and when possible
45 min. before weekend Masses
30 min. before weekday Masses

Weddings & Funerals: Contact Fr. Gaspar

Coming Up at Holy Trinity (Weekday Rosary 25 minutes before Mass)

- Sat. June 1 5 pm Mass:** Ints Marlene Karst
FORMED kick-off this weekend (p. 2)
- Sun. June 2 9 am Mass:** + Ward Moberg
- Sun. June 2 11 am Mass:** Pro populo
- Tues. June 4 7 pm Mass:** Ints. Grace Lekivetz
- Tues. June 4 7:30 pm** Finance, meeting room
- Wed. June 5 8:30 am Mass:** Ints Colleen Lefebvre
- Wed. June 5 12:40 pm** Ecole St. Mary Grade 4 Bible presentations, church
- Wed. June 5 1 pm** Angels for Warmth meeting, hall
- Thurs. June 6 8:30 am Mass:** + Ernie Krammer
- Fri. June 7 8:30 am Mass:** Ints Katie Nagy followed by Eucharistic Adoration

**5020 Sherwood Drive
Regina, SK S4R 4C2
Phone: 306-543-3838
Email: htrinity@sasktel.net
Website: holytrinityregina.ca**
(bulletin available online)

At Holy Trinity:

We pray for the following:

Ruth Morrison, Gerry Turgeon, Gisele Croteau, Jacqueline Meeley, Troy Kocur

We pray for the Repose of the Souls of our beloved ones, including Lorraine Ball, Arturo Manalo, Maria Xavier, Karen Schauenberg, Arturo Tuazon, Daryl Smith, Henry Enns, Victoria Majano Ponce, Harvey Hartness

Sunday Donations May
Regular collection \$16,475
Average expenses: \$21,661 monthly.



[Use this link](#) or on our website home page.

Use your credit card for occasional or regular giving. Details on page 3.

Sacramental Preparation

Baptism Preparation

For parents of infants & young children and expectant parents. Contact the office to register for next session.

[Registration form on website.](#)

Upcoming preparation date is June 17 with baptisms June 23. Register by June 10. Next scheduled preparation August 22.



Holy Trinity Catholic Women's League

General meetings: 2nd Monday of the month.
Executive: Next meeting June 11, 11:30 am.



Holy Trinity Knights of Columbus

General meetings: now 2nd Tuesday of the month. Next meeting June 11, 7:30 pm.

Pastoral Staff**Pastor:** Rev. Gaspar Lucas 306-924-1993**Deacon** Rev. Mr. Eric Gurash**Support Staff****Office Coordinator**

Heather Deis: 306-543-3838

Custodian: Dominic Dias**Office Hours** Mon. to Fri.—9 am to 3 pm**FORMED[®]****The best Catholic content.****All in one place.****It's easy and FREE to register.**

1. Visit formed.org/signup
2. Enter **HOLY TRINITY RC PARISH**
3. Enter your name and email
4. Download the free FORMED app from the App Store or Google Play

Mass Times:**Sunday Mass Times****9 am & 11 am (see note below)**

Monday— no Mass

Tuesday—7 pm Mass

Wednesday, Thursday & Friday Masses 8:30 am

First Friday Eucharistic Adoration after 8:30 am Mass, next June 7.

For the comfort and safety of others, please do not wear fragrance to church.

Summer Mass times: Sat 5 pm and Sun. 10 am starts June 16.**FREE COMMUNITY PICNIC—SAT., JUNE 8 – 11 am to 2 pm**

Rain or Shine at ST. JAMES UNITED CHURCH, 4506 Sherwood Drive. EVERYONE WELCOME Bring Your Lawn Chair.

Hosted by Area Churches: St. James United , Holy Trinity Catholic, New Hope Lutheran , Norman Kennedy Presbyterian.

If you are thinking of attending, please sign the sheet in the Gathering Area for food planning. If you can help by bringing 2 dozen cookies (no nuts) or can help for 2 hours with setup and facilitation of games and food, sign the sheet in the Gathering Area. If you have First Aid training/experience, let us know.

Parish “Pictorial” Photo Directory

Holy Trinity family, One of the best ways to get to know our fellow parishioners is to have a picture of them along with their name. It has been 10 years since our parish has gathered photos and published them in a book. The time to do it again is now.

The purpose of this project is to not only gather photos of our parish family members, but also to verify data on file and gather missing information including birthdays and anniversaries so Father Gaspar can mention our names during Masses and we, as a parish family, can pray for each other.

We will not be hiring a photography company to take photos as we have done in the past. We will use our own cameras to take photos here and parishioners also can submit photos to the office.

To accomplish this project, a team is needed. If you have an hour or several hours to assist with this project, contact Cynthia Mack, contact info below.

Prayerfully consider joining this project so we can complete it in a timely manner and provide our parish family with a photo directory.

Cynthia Mack, Committee Chair
Email: cymack@myaccess.ca
Phone: 306-586-2709 (landline)

Buildings and Grounds Co-ordinator - Holy Trinity Parish needs a volunteer Building and Grounds Coordinator to oversee the operation and maintenance of Holy Trinity Parish building and grounds. For details of the activities and responsibilities, see bulletin board or contact the parish office.

Mark your calendars! Holy Trinity parish will be hosting three hot dog sales at the Co-op grocery store, corner of Rochdale & McCarthy, from 10 am to 4 pm on:

Saturday, June 22**Saturday, July 6****Saturday, August 17**

We're looking for a few volunteers to work for a couple hours on each date. Please contact Debbie Bulych at debbiebulych@gmail.com or call 306-545-7654. We hope to see you there to support this parish fundraiser.

**Catholic Women's League at Holy Trinity**

Holy Trinity CWL offers an annual scholarship of \$500 to a graduating Grade 12 student, whose mother or grandmother is a member of Holy Trinity CWL. See bulletin board for other criteria. Deadline to register is June 30, 2024

Communion to Shut-ins. If you, or someone in your family would like communion brought to a care home or own home in our parish, contact the Holy Trinity office (306) 543-38383.

Those in hospital should contact the Chaplain (contact info p. 4)

Spring Cleaning? If you have any suitcases, duffle bags, or other travel bags, these can be used to ship items to hospitals, orphanages, refugee camps. Bring to the church and leave next marked box in meeting room, or contact Lois at 306-543-3934. Old cell phones that are still in working condition that have been totally cleaned off of personal information are also needed by medical clinics. Shoes of all kinds and sizes, particularly dressier black shoes, are needed before children can attend school.

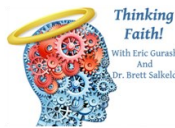
Archdiocese of Regina Bulletin (June 2) Link
June Ordinations, Engaged Encounter, Share Lent results



Archdiocese of Regina Masses
On-Line

<https://archregina.sk.ca/live>

Links at www.youtube.com/ArchdioceseRegina



Thinking
Faith!
With Eric Gurash
And
Dr. Brett Salkeld

THINKING FAITH Podcast hosted by
Deacon Eric Gurash and Dr. Brett Salkeld of
the Archdiocese of Regina.

TF #402: Finding Grace in the Dark The Examen
Prayer and Mental Health

To conclude Mental Health Awareness Month, Deacon

Eric Gurash discusses the challenges of navigating a relationship with God amid acute mental health struggles and chronic mental illness and points to the Awareness Examen as a particularly powerful tool for building resiliency and discovering God's presence even in our hardest trials.

[Listen to the podcast](#) [Previous podcasts](#)

Fathers' Day Breakfast, Sun. June 16, Little Flower Parish
Hall, 9 am - 12:00 pm. Adults - \$12.; Children (12 and under)
- \$5. Free for kids aged 5 and under. Tickets at door only.

**Holy Rosary School Farewell—A Legacy Remembered: Holy
Rosary**
Community School 1914-2024 Thursday, June 6, 5:30 - 8:00 pm
at 3118-14th Ave. Join in remembering a piece of history. Hot
dogs, chips and refreshments. School Tours

Summer Pilgrimages:

August 14 & 15—Rama SK. See Poster on bulletin board

Lay Formation Commissioning Mass—Saturday, June 15 at 1 pm at Holy
Trinity Parish, 5020 Sherwood Drive If you plan to attend, please RSVP to
mgurash@archregina.sk.ca by Friday, June 7. Gail Reles, a Holy Trinity
parishioner will be one of those being commissioned.

The Archdiocese of Regina's Lay Formation Program has been providing well-
formed, evangelizing disciples for over 35 years. Our alumni serve as leaders
in liturgical and catechetical roles, as well as in pastoral and other parish
groups, teams, and committees. Join our program and become part of this
community of leaders. Our Fall intake starts this November, with weekend
sessions held monthly at Campion College. Register now to deepen your un-
derstanding of Church and faith and discern how best to offer your God-given
gifts and talents in service. For more information on how to register, contact
Deacon Eric Gurash at 306-352-1651 ext 6724 or email him at
egurash@archregina.sk.ca.

Holy Trinity Parish on Facebook—A great opportunity to be connected and
up-to-date on our events and activities.



You can find us by searching for "Holy Trinity Parish, Regina" on
Facebook, or with this link; [https://www.facebook.com/
holytrinityregina](https://www.facebook.com/holytrinityregina) 'Like' and 'Follow' us to stay informed and
engaged!

Special Collections & Ways to Donate:

If you have Holy Trinity donation envelopes, there are special envelopes
for each of these collections.

If you wish to donate on-line, Canada Helps has an option to give to any of
these special collections at Holy Trinity, as well as to the regular collection.

Canada Helps is an easy way to donate to Holy Trinity either once,
occasionally, or monthly, using your credit card. (PayPal and Google Pay
also accepted.) Canada Helps charges a 3.5% fee for monthly donations;
you receive a tax receipt for your full donation. Canada Helps issues your
tax receipts so Holy Trinity also benefits by not needing additional admin
staff time.

Email transfers directly to Holy Trinity are also available. Contact the office
for this option.

If you wish to have Holy Trinity donation envelopes, contact the office.



Resilience and Remembrance: An Evening with Holocaust Survivor

Kayla Hock—Sunday, June 2, 6:30 pm (doors open at 6) at Regina Apostolic
Church, 808 Assiniboine Avenue East.

Kayla, a 93-year-old Holocaust survivor, was born in Khotyn, Romania. Kayla
will share her family's experiences as a 10-year-old who lived through the
darkest time in our history. Join us in hearing Kayla and her family's brave
story from Khotyn to Saskatoon. Kayla, her daughter Cindy, and grandson
Marshall will share a perspective spanning 84 years. Your attendance would
honour Kayla and contribute to the ongoing remembrance and education
about this critical chapter in history.

[Tickets available online](#) or call the Beth Jacob Synagogue Office at 306-757-
8643. Monday, Tuesday, Thursday, or Friday, 9:30 am – 2:30 pm.

Rapid Access Counselling for those Impacted by Suicide Loss— Free
1-Hour Sessions with trained counsellors Available in-person, phone,
and video appointments. [Book at www.counsellingconnectsask.ca](http://www.counsellingconnectsask.ca).
Provided by Family Service Saskatchewan Catholic Family Services of
Prince Albert, 306-922-3202 Family Service Regina, 306-757-6675 Family
Service Saskatoon, 306-244-0127 PARTNERS Family Services (serving
rural central Saskatchewan), 306-682-4135.

Emmaus Family Support

1 in 4 families experience mental health challenges. If you're looking for
support, Emmaus Family Support is here to help. Join our community of
caring individuals, meeting monthly at Holy Trinity parish in Regina (and
accessible online via Zoom), who understand what you're going through.

Visit emmaussupport.ca or contact Deacon Eric Gurash at
emmausmentalhealth@gmail.com or 306-721-6724 to learn more.

Emmaus Women's Peer Support In partnership with Emmaus Support
Mental Health Ministries (<https://emmaussupport.ca/>), will begin at Holy
Rosary, offering a safe space for women navigating the complexities of
mental health and mental illness. Whether battling anxiety, depression, or
any other challenge, you're not alone. Find comfort in our community of
shared experiences, and empathy, as we journey towards healing and hope
through Jesus together. Email Bronwyn.angley@outlook.com to RSVP or
for any questions.

Strawberry Social (enjoy cake, ice cream and refreshments) at
Our Lady of Peace Parish, 425 Broad St. North on Saturday, June
15 from 1 to 3:pm. \$5. for 13 to adult, \$2.50 ages 6 to 12, and 5 and
under Free. Sponsored by the 55 Plus group. Proceeds to help with
needs of the parish.

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KNIGHTS OF COLUMBUS

You are invited to join our parish council. Do more than you could by yourself. Contact through Holy Trinity office (306) 543-3838.

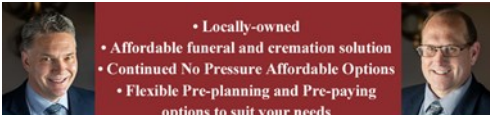
Catholic Women's League

We invite you to join our Council.



For information on membership and benefits, please contact: Sherry Enns at 306-530-5846

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htrinity@sasktel.net



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Regina

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 Jennifer Holtslander 306-519-1380

General Hospital Chaplain
 Jerry Fitzgerald 306-519-1405

Wascana Rehab Centre Chaplain
 Joan Rink 306-530-6511

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Bring eyeglass donations to Holy Trinity (plastic drawers in Gathering Area). Cases for glasses **not** needed.. Prescription & non-prescription, broken & loose lenses, swim goggles, sunglasses, reading glasses.

MARY KAY

Deborah Canevaro
 Independent Beauty Consultant
 306-543-5701

Donna Witt
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 306-543-7664

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Donations to Holy Trinity gratefully received electronically through Canada Helps. [Use this link](#)

Archdiocese of Regina Weekly Report

The week's top local stories, parish and diocesan events, and national and international news of Catholic interest delivered to your in-box every Friday.



Free Community Picnic

Hosted by

St. James United Church, Holy Trinity Catholic Church,
Norman Kennedy Presbyterian Church & New Hope Lutheran Church

SAT

8

JUNE

11AM - 2PM

St. James United Church
4506 Sherwood Dr

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WHEELCHAIR ACCESSIBLE

Everyone is Welcome!
Enjoy delicious food, fun activities,
music and quality time in the great
outdoors. Bring your own lawn chairs.





HOLY TRINITY ROMAN CATHOLIC PARISH

5020 Sherwood Drive, Regina, SK, Canada, S4R 4C2

Phone: 306-543-3838

Email: htrinity@sasktel.net

June 1, 2024

My Dear Parishioners,

It gives me great joy to share with you that our parish now has a subscription to FORMED, a premier online platform filled with over 4,000 Catholic studies, movies, audio dramas, talks, e-books, and even cartoons for our children. FORMED has content from over 60 apostolates, including Augustine Institute, Ignatius Press, and the Knights of Columbus, with material that is professionally produced, engaging, and solid in its catechism. Best of all, this material is free to you.

Our parish will be using the material on FORMED to support our ministries and provide continuing education for staff members and parishioners.

You have easy access to all of the material on FORMED to support your own faith journey and that of your family members.

Are you hesitant to return to the Sacrament of Reconciliation after a long absence? Watch *Forgiven: The Transforming Power of Confession*.

Would you like to be more confident in answering your teenagers' questions about the validity of the Gospels? Watch *Lectio: The Case for Jesus*.

Do you search for a reliable source of Catholic teaching on current issues? Tune in each week to *The Augustine Institute Show with Dr. Tim Gray*.

Have you despaired of finding good movies that your family can enjoy together on a Friday night? Start with *Mother Teresa*, the story of the selfless saint who brought hope and love to the poorest of the poor.

You can enjoy FORMED on your computer or on your television with an inexpensive Roku device or Apple TV. You can even listen on your phone as you commute to work or do chores.

My hope and prayer is that the content on FORMED will enrich, deepen, and inspire your faith. Please pray for the people at the Augustine Institute who create this wonderful and much-needed Catholic content for our people.

May the good Lord bless you and all of your loved ones!

Fr. Gaspar Lucas

FORMED

To gain access to all of FORMED's content, follow these simple steps:

- Go to <https://signup.formed.org/>
- Search for **Holy Trinity RC Parish, Regina**
- Enter your name and your email address

That's it! You're in. Now you can get the free FORMED app for your phone by searching *FORMED Catholic* in your app store.