

Holy Trinity Roman Catholic Parish

June 23, 2024
12th Sunday in Ordinary Time

*Glory be to the Father, and to the Son, and to the Holy Spirit.
As it was in the beginning, is now, and ever shall be, world without end.
Amen.*

Welcome to Holy Trinity!

As Catholic Christians we seek to proclaim, celebrate, and live our faith joyfully and to express our love for Christ and each other.

If you are a visitor or are new to Regina or to our parish, we welcome you and hope you have a positive experience in your worship with us. Check our website for a helpful introduction to Holy Trinity and its various ministries and services. Please feel free to contact us with questions or comments. We look forward to meeting you!

To register in the parish, update your information, or request donation envelopes, pick up a form in the Gathering area (bulletin board) or print a copy from our website, call the parish office or drop in during office hours, www.holytrinityregina.ca.



Reconciliation: By prior arrangement and when possible
45 min. before weekend Masses
30 min. before weekday Masses

Weddings & Funerals: Contact Fr. Gaspar

Coming Up at Holy Trinity (Weekday Rosary 25 minutes before Mass)

- Sat. June 22 5 pm Mass: Pro populo**
- Sun. June 23 10 am Mass:** Ints Gail Reles,
+ Denise Konvitsko, Ints Michelle Fink
- Sun. June 23 11:15 am Baptisms
- Sun. June 23 5 pm Vietnamese Mass**
- Tues. June 25 **8:30 am Mass:** + Ursula Nichol (**NOTE TIME CHANGE this week only**)
7 pm: NO Mass
- Tues. June 25 6:30 pm St. Angela Grade 8 Farewell Liturgy
- Wed. June 26 8:30 am NO Mass
Wed. June 26 9:45 am Mass with St. Josaphat School
- Thurs. June 27 8:30 am: NO MASS**
Thurs. June 27 9:30 am Funeral Mass Cecilia Tokarz
- Thurs. June 27 7 pm: Holy Hour of Prayer & Adoration for Mental Health, Church (page 3)
- Fri. June 28 8:30 am: NO MASS**
Fri. June 28 10:30 am Funeral Mass Fred Witt
- Fri. June 28 8 pm: Vietnamese Divine Mercy Chaplet, Church

**5020 Sherwood Drive
Regina, SK S4R 4C2
Phone: 306-543-3838
Email: htrinity@sasktel.net
Website: holytrinityregina.ca**
(bulletin available online)

At Holy Trinity:

We pray for the following:

Ruth Morrison, Gerry Turgeon, Gisele Croteau, Jacqueline Meeley, Troy Kocur

We pray for the Repose of the Souls of our beloved ones, including Fred Witt, Cecilia Tokarz, Craig Kosolofski, Tracy Gusway, Lorraine Ball, Arturo Manalo, Maria Xavier, Karen Schauenberg, Arturo Tuazon, Daryl Smith

Month of June Sunday Donations
Regular collection \$8,300
Average expenses: \$21,661 monthly.



[Use this link](#) or on our website home page.

Use your credit card for occasional or regular giving. Details on page 3.

Sacramental Preparation

Baptism Preparation

For parents of infants & young children and expectant parents. Contact the office to register for next session.

[Registration form on website.](#)

Next scheduled preparation August 22.



Holy Trinity Catholic Women's League

General meetings: 2nd Monday of the month.

Executive: Next meeting TBA (fall)



Holy Trinity Knights of Columbus

General meetings: now 2nd Tuesday of the month. Next meeting Sept. 10, 7:30 pm.

Office Hours for July and August:
Mondays: Closed
Tuesday to Friday: 9 am to 3 pm

Pastoral Staff**Pastor:** Rev. Gaspar Lucas 306-924-1993**Deacon** Rev. Mr. Eric Gurash**Support Staff****Office Coordinator**

Heather Deis: 306-543-3838

Custodian: Dominic Dias**Office Hours** Mon. to Fri.—9 am to 3 pm
(July & August: Mondays Office Closed)
Closed statutory holidays**Mass Times:****Sunday Mass Times****Saturday: 5 pm****Sunday SUMMER: 10 AM**

Monday—no Mass

Tuesday—7 pm Mass

Wednesday, Thursday & Friday Masses 8:30 am NOTE change for
June 25, 26, 27, 28 (front page)

First Friday Eucharistic Adoration after 8:30 am Mass, next July 5.

For the comfort and safety
of others, please do not
wear fragrance to church.**Sharing My Gifts & Interests**—Prayerfully consider how you might offer your time and talents to make Holy Trinity the best parish it can be — today and for the future. Sign-up forms now available in the Gathering Area or on our website.

Complete a form of how you can contribute to Holy Trinity through your service in various ministries. Completed forms may be returned to marked basket in the Gathering Area. Please return as soon as possible in order to plan fall ministries schedules. Forms must be received no later than August 11.

Parish "Pictorial" Directory – Project Update

Holy Trinity Family, The team has met and have drafted a project plan with a start date of August 1. This project has 2 objectives:

- #1 Collect photos of parish families;
- #2 Collect/update parish family information.

Step-by-step instructions will be provided to families in July on how you can participate in this project. Please do not send photos to the office or to myself.

The team is looking for additional helpers including but not limited to: photo editing, photographers, volunteers to collect family information. If you are able to assist, please contact:

Cynthia Mack

A note of thanks from Gail Reles: Now that I have completed the 3 Year Lay Formation Program, I would like to thank Holy Trinity Parishioners for your support along the way. Your prayers and financial support of the parish have been greatly appreciated. Thank you to everyone who was able to attend the Commissioning Mass last Saturday, June 15 here at Holy Trinity Parish. It was a beautiful celebration of praise and thanksgiving for a program that has enriched my faith, brought me closer to God and has inspired me to share my faith in ways I would never have imagined. The Lay Formation Program has been an amazing experience for me, and I highly recommend it to anyone.**ArchRegina Congress 2024 'Pilgrims of Hope' SAVE THE DATE**
ArchRegina Congress will be held at Resurrection Parish on Saturday, September 21, from 10:00 am to 2:30 pm.**FORMED**[®]**The best Catholic content.
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It's easy and FREE to register.

1. Visit formed.org/signup
2. Enter **HOLY TRINITY RC PARISH**
3. Enter your name and email
4. Download the free FORMED app from the App Store or Google Play

Thank you to all who signed up for FORMED after the June 1 launch.If you didn't register, you can sign up any time at formed.org. Check the Facebook page or *the bulletin* weekly to discover featured programming for your whole family.**Mark your calendars!** Holy Trinity parish will be hosting three hot dog sales at the Co-op grocery store, corner of Rochdale & McCarthy, from 10 am to 4 pm on:**Saturday, June 22****Saturday, July 6****Saturday, August 17**We're looking for a few volunteers to work for a couple hours on each date. Please contact Debbie Bulych at debbiebulych@gmail.com or call 306-545-7654. We hope to see you there to support this parish fundraiser.**Catholic Women's League at Holy Trinity**

Holy Trinity CWL offers an annual scholarship of \$500 to a graduating Grade 12 student, whose mother or grandmother is a member of Holy Trinity CWL. See bulletin board for other criteria. Deadline to register is June 30, 2024

Living Faith booklets for July-Sept. for CWL subscribers are available for pick-up in your file folder in the Gathering Area.**Communion to Shut-ins.** If you, or someone in your family would like communion brought to a care home or own home in our parish, contact the Holy Trinity office (306) 543-38383.

Those in hospital should contact the Chaplain (contact info p. 4)

**Backpacks and reusable school supplies** being collected this summer for Social Justice to distribute to students in need this fall. Bring to marked box in Gathering Area.**Buildings and Grounds Co-ordinator** - Holy Trinity Parish needs a volunteer Building and Grounds Coordinator to oversee the operation and maintenance of Holy Trinity Parish building and grounds. For details of the activities and responsibilities, see bulletin board or contact the parish office.

Archdiocese of Regina Bulletin (June 23) Link
Myriam Family Summer activities, Camp Kenosee



Archdiocese of Regina Masses
On-Line

<https://archregina.sk.ca/live>

Links at www.youtube.com/ArchdioceseRegina



THINKING FAITH Podcast hosted by
Deacon Eric Gurash and Dr. Brett Salkeld of
the Archdiocese of Regina.

Marin Catholic Highschool and Curriculum Permeation with Megan Bridgwater and Chris Valdez - Part 2

In this part one of two episodes, Megan Bridgwater and Chris Valdez of Marin Catholic High School in San Francisco, California, discuss the ways they have worked to integrate a new curriculum permeation paradigm into their English program.

[Listen to the podcast](#) [Previous podcasts](#)

Lay Formation Graduates— Congratulations to the following 2024 Lay Formation Graduates:

Clara Rocha – Holy Rosary Cathedral, Regina
David Kopriva – St. Anne, Regina
Gail Reles – Holy Trinity, Regina
Marianne Fabian – St. Agnes, Pilot Butte
Tracy Roy – Christ the King, Regina
Walter Wilchowy – St. Agnes, Pilot Butte

We pray that God will continue to bless these graduates on their faith journey. May the Holy Spirit shine brightly in their lives as they go forth to minister to God's people in their parishes and beyond.

The Archdiocese of Regina's Lay Formation Program is the longest continually operating Lay Formation program in the country, providing parishes with strong, well-formed lay men and women to further the mission of the gospel. Weekend sessions at Campion College will deepen your understanding of Church and faith through solid teaching by experts in their respective fields. Strengthen your ability to assess your God-given gifts and talents and discern how best to offer them in service. Register now for our fall intake and become an evangelizing disciple of Jesus Christ. For more information on how to register, please contact our Program Coordinator, Deacon Eric Gurash at egurash@archregina.sk.ca. or 306-721-6724

Summer Pilgrimages:

August 14 & 15—Rama SK. See Poster on bulletin board

St. Philomena Walking Pilgrimage, August 11-14, sponsored by the Archdiocese of Regina. Join pilgrims from ages 7-77 in this life changing, 4-day journey from Yorkton, Sk. to the Shrine of Our Lady of Lourdes, Rama Sk. This will be our 6th year making the 100 km walk! It's an experience that merits many blessings and many wonderful memories. For more information and to register, visit: www.stphilomena.ca

Holy Trinity Parish on Facebook—A great opportunity to be connected and up-to-date on our events and activities.



You can find us by searching for "Holy Trinity Parish, Regina" on Facebook, or with this link: <https://www.facebook.com/holytrinityregina> 'Like' and 'Follow' us to stay informed and engaged!

Special Collections & Ways to Donate:

If you have Holy Trinity donation envelopes, there are special envelopes for each of these collections.

If you wish to donate on-line, Canada Helps has an option to give to any of these special collections at Holy Trinity, as well as to the regular collection.

Canada Helps is an easy way to donate to Holy Trinity either once, occasionally, or monthly, using your credit card. (PayPal and Google Pay also accepted.) Canada Helps charges a 3.5% fee for monthly donations; you receive a tax receipt for your full donation. Canada Helps issues your tax receipts so Holy Trinity also benefits by not needing additional admin staff time.

Email transfers directly to Holy Trinity are also available. Contact the office for this option.

If you wish to have Holy Trinity donation envelopes, contact the office.



Assistant for Donations and Communications—Blessed Sacrament Parish is seeking an Assistant for Donations and Communications under the general oversight of the pastor.

Office assistant functions as the coordinator for all parish donations, including envelope and electronic direct donations, and also other reporting, including charitable tax receipts, and coordinate Archdiocesan Annual Appeal for the parish. [Full details in Blessed Sacrament June 16 bulletin.](#)

To apply or for further information, email: pastor.bsacrament@sasktel.net

Emmaus Scrupulosity/OCD Support: Are you overwhelmed by guilt and anxiety, constantly questioning your thoughts and actions? Do you obsess over sin or moral issues excessively? You might be struggling with scrupulosity, but you are not alone. Our Emmaus Support Scrupulosity/OCD group offers an anonymous, safe space to better know God's love and find lasting peace. Our group offers a safe environment for those facing scrupulosity/OCD challenges. Members can share struggles, receive encouragement, and learn practical coping strategies. Through prayer, discussions, educational resources, and spiritual guidance, we help you break free from scrupulosity and rediscover inner peace. Focusing on spiritual growth, we draw inspiration from saints who overcame scrupulous obsessions by God's grace. With these spiritual tools, you, too, can manage and overcome your OCD/scrupulosity. Join us as we journey toward healing, acceptance, and peace.

*Our groups do not provide counselling services and are not intended to replace professional counselling, medications, or therapies. Contact: Email: beatscruples@hotmail.com Phone/Text: 306-501-4065

Emmaus Support Holy Hour of Adoration and Prayer for Mental Health

Join us at Holy Trinity Parish in Regina on Thursday, June 27, from 7:00 pm to 8:00 pm for a Holy Hour of Adoration and Prayer focused on mental health needs. Whether you are living with mental health challenges, offering accompaniment and support for someone you love, or are a mental health ally, all are welcome to join us for this hour of quiet reflection and communal prayer with the Blessed Sacrament as we unite in faith and seek consolation, peace, and support. For more information and support, visit www.emmaussupport.ca

CatChat Vacation Bible School Our Lady of Peace Parish will be hosting a CatChat Vacation Bible School, July 15-19 from 12:30 pm-4:15 pm for children age 4 – Grade 5. Registration forms available on the parish website: www.ourladyofpeaceregina.com

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KNIGHTS OF COLUMBUS

You are invited to join our parish council. Do more than you could by yourself. Contact through Holy Trinity office (306) 543-3838.

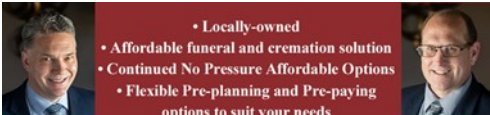
Catholic Women's League

We invite you to join our Council.



For information on membership and benefits, please contact: Sherry Enns at 306-530-5846

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Regina



Bring eyeglass donations to Holy Trinity (plastic drawers in Gathering Area). Cases for glasses **not** needed.. Prescription & non-prescription, broken & loose lenses, swim goggles, sunglasses, reading glasses.



MARY KAY

Deborah Canevaro
 Independent Beauty Consultant
 306-543-5701

Donna Witt
 Independent Senior Sales Director
 306-543-7664

For Sale 2 plots side by side at Regina Memorial Gardens located in the Apostles Garden. \$2000. for the two plots.

Contact Lyle Petryna at 306-551-9662

Archdiocese of Regina Weekly Report

The week's top local stories, parish and diocesan events, and national and international news of Catholic interest delivered to your in-box every Friday.

