

Holy Trinity Roman Catholic Parish

July 21, 2024
16th Sunday in Ordinary Time

*Glory be to the Father, and to the Son, and to the Holy Spirit.
As it was in the beginning, is now, and ever shall be, world without end.
Amen.*

Welcome to Holy Trinity!

As Catholic Christians we seek to proclaim, celebrate, and live our faith joyfully and to express our love for Christ and each other.

If you are a visitor or are new to Regina or to our parish, we welcome you and hope you have a positive experience in your worship with us. Check our website for a helpful introduction to Holy Trinity and its various ministries and services. Please feel free to contact us with questions or comments. We look forward to meeting you!

To register in the parish, update your information, or request donation envelopes, pick up a form in the Gathering area (bulletin board) or print a copy from our website, call the parish office or drop in during office hours, www.holytrinityregina.ca.



Reconciliation: By prior arrangement and when possible
45 min. before weekend Masses
30 min. before weekday Masses

Weddings & Funerals: Contact Fr. Gaspar

Coming Up at Holy Trinity (Weekday Rosary 25 minutes before Mass)

Sunday Masses at 10 am until Sept 1.

- Sat. July 20** 5 pm Mass: + Eugene Hryb, + Aya Aveda
- Sun. July 21** 10 am Mass: + Mike Chopty, + Aya Aveda
Ints. Diana Holowenko
- Mon. July 22 Office Closed
- Tues. July 23** 7 pm Mass: Ints. Myron & Diane Sereda
- Wed. July 24** 8:30 am Mass: Ints Wayne Joseph Ottenbreit
- Thurs. July 25** 8:30 am Mass: Ints Adele Krammer
- Fri. July 26** 8:30 am Mass: + Perlita De Lapena
- Sat. July 27** 5 pm Mass: Ints Drew Kocur & Celeste Bedier
- Sun. July 28** 10 am Mass: Ints John Christopher Picard
- Sun. July 28** 5 pm Vietnamese Mass

5020 Sherwood Drive
Regina, SK S4R 4C2
Phone: 306-543-3838
Email: htrinity@sasktel.net
Website: holytrinityregina.ca
(bulletin available online)

At Holy Trinity:

We pray for the following:

MaryAnn Young, Gwen Gibney, Ruth Morrison,
Gerry Turgeon, Gisele Croteau, Jacqueline Meeley,
Troy Kocur

We pray for the Repose of the Souls of our beloved ones, including Alfred Lalonde, Jennie Deck, Anthony Okoye, Fred Witt, Cecilia Tokarz, Craig Kosolofski, Tracy Gusway, Lorraine Ball

Month of July Sunday Donations
Regular collection \$5,669
Average expenses: \$21,661 monthly.



[Use this link](#) or on
our website home
page.

Use your credit card for occasional or regular giving. Details on page 3.

Sacramental Preparation

Baptism Preparation

For parents of infants & young children and expectant parents. Contact the office to register for next session.

[Registration form on website.](#)

Next scheduled preparation August 22.



Holy Trinity Catholic Women's League

General meetings: 2nd Monday of the month. Next meeting Mon. Sept. 9
Executive: Next meeting Aug. 26



Holy Trinity Knights of Columbus

General meetings: now 2nd Tuesday of the month. Next meeting Sept. 10, 7:30 pm.

Office Hours for July and August:
Mondays: Closed
Tuesday to Friday: 9 am to 3 pm

Pastoral Staff**Pastor:** Rev. Gaspar Lucas 306-924-1993**Deacon** Rev. Mr. Eric Gurash**Support Staff****Office Coordinator**

Heather Deis: 306-543-3838

Custodian: Dominic Dias**Office Hours** Mon. to Fri.—9 am to 3 pm
(July & August: Mondays Office Closed)
Closed statutory holidays**Mass Times:****Sunday Mass Times****Saturday: 5 pm****Sunday SUMMER: 10 AM**

Monday—no Mass

Tuesday—7 pm Mass

Wednesday, Thursday & Friday Masses 8:30 am

First Friday Eucharistic Adoration after 8:30 am Mass, next August 2

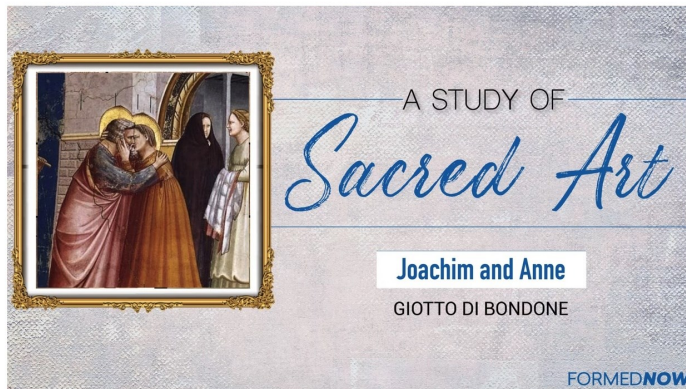
For the comfort and safety
of others, please do not
wear fragrance to church.**Sharing My Gifts & Interests**—Prayerfully consider how you might offer your time and talents to make Holy Trinity the best parish it can be — today and for the future. Sign-up forms now available in the Gathering Area or on our website.

Complete a form of how you can contribute to Holy Trinity through your service in various ministries. Completed forms may be returned to marked basket in the Gathering Area. Please return as soon as possible in order to plan fall ministries schedules. Forms must be received no later than August 11.

Parish “Pictorial” Directory ProjectThe Pictorial Directory team is launching this project starting after the August 3rd /4th Masses and every Saturday and Sunday after Mass until September 1st.(more information on times starting September 8th coming soon)

Step-by-step instructions are available in the Gathering Area, in the dispenser at the bottom of the large sign.

Please note – there is no cost to participate.

If you have any questions, please email holytrinityparish-pics@gmail.com**ArchRegina Congress 2024 ‘Pilgrims of Hope’ SAVE THE DATE**
ArchRegina Congress will be held at Resurrection Parish on Saturday, September 21, from 10:00 am to 2:30 pm.**Buildings and Grounds Co-ordinator** - Holy Trinity Parish needs a volunteer Building and Grounds Coordinator to oversee the operation and maintenance of Holy Trinity Parish building and grounds. For details of the activities and responsibilities, see bulletin board or contact the parish office.**FORMED**THE CATHOLIC FAITH.
ON DEMAND.**Sts. Joachim and Anne | Sacred Art**

In this episode on FORMED Now, Dr. Ben Akers and Taylor Kemp discuss the parents of the Blessed Virgin Mary in this famous painting "Joachim and Anne Meeting at the Golden Gate."

Our parish has a FORMED subscription.
Visit formed.org/signup and select our parish.
Scan the QR code to download the FORMED app to your phone.

An offering from the AUGUSTINE INSTITUTE and IGNATIUS PRESS

Hot Dog Fundraiser Holy Trinity parish is hosting hot dog sales at the Co-op grocery store, corner of Rochdale & McCarthy, from 10 am to 4 pm on **Saturday, August 17**We're looking for a few volunteers to work for a couple hours on each date. Contact Debbie Bulych at debbiebulych@gmail.com or call 306-545-7654. We hope to see you there to support this parish fundraiser.

Thanks to those who volunteered at the previous two sales and to all who came out to buy a hotdog. June 22 profit was \$743.95. July 9 profit was \$572.

**Catholic Women's League at Holy Trinity****Living Faith booklets for July-Sept.** for CWL subscribers are available for pick-up in your file folder in the Gathering Area.**Oct. 4 & 5**—Craft/Trade Show & CWL Bake Table— p. 4 details

Spiritual Adoption participants—remember to pray for your spiritually adopted babies over the summer.

Communion to Shut-ins. If you, or someone in your family would like communion brought to a care home or own home in our parish, contact the Holy Trinity office (306) 543-38383.

Those in hospital should contact the Chaplain (contact info page 4)

**Backpacks and reusable school supplies** being collected this summer for Social Justice to distribute to students in need this fall. Bring to marked box in Gathering Area.

Archdiocese of Regina Bulletin (July) Link

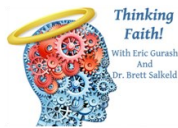
Marriage Prep



Archdiocese of Regina Masses On-Line

<https://archregina.sk.ca/live>

Links at www.youtube.com/ArchdioceseRegina



THINKING FAITH Podcast hosted by Deacon Eric Gurash and Dr. Brett Salkeld of the Archdiocese of Regina.

Brett Salkeld and Stuart Squires on the Eucharist and Becoming Christ - Part 1

Thinking Faith Podcast with Deacon Eric Gurash and Dr. Brett Salkeld

In this part one of two episodes, Dr. Brett Salkeld visits with Stuart Squires about his new book from New City Press, "You will be Changed into Me: The Fruits of the Eucharist."

[Listen to the podcast.](#)

[Previous podcasts](#)

Go Make Disciples: Archdiocese of Regina's Lay Formation Program has been providing well-formed, evangelizing disciples for over 35 years. Our alumni serve as leaders in liturgical and catechetical roles, as well as in pastoral and other parish groups, teams, and committees. Join our program and become part of this community of leaders. Our Fall intake starts this November, with weekend sessions held monthly at Campion College. Register now to deepen your understanding of Church and faith and discern how best to offer your God-given gifts and talents in service. For more information on how to register, please contact our Program Coordinator, Deacon Eric Gurash at 306-721-6724 or email him at egurash@archregina.sk.ca

Regina Catholic School Ukrainian Program—registrations being accepted for fall program. [Details on Regina Catholic Schools website](#) or see poster at Holy Trinity

MARRIAGE PREP 'Couples Connect' PROGRAM for dating, engaged and newly-married couples.

Eight Session with dynamic speakers, couple sharing time, and Q&A at each session along with a wrap-up dinner.

Session Dates: Sunday afternoons - 2:00 - 5:00 pm. Dec.1 & 15, Jan.5 & 19, Feb.2 & 16, Mar.2 & 16

Registration Fee: \$150/couple. For more information contact: Denny and Cynthia Lizée – dlizee@sasktel.net

Holy Trinity Parish on Facebook—A great opportunity to be connected and up-to-date on our events and activities.



You can find us by searching for "Holy Trinity Parish, Regina" on Facebook, or with this link; <https://www.facebook.com/holytrinityregina> 'Like' and 'Follow' us to stay informed and engaged!

Special Collections & Ways to Donate:

If you have Holy Trinity donation envelopes, there are special envelopes for each of these collections.

If you wish to donate on-line, Canada Helps has an option to give to any of these special collections at Holy Trinity, as well as to the regular collection.

Canada Helps is an easy way to donate to Holy Trinity either once, occasionally, or monthly, using your credit card. (PayPal and Google Pay also accepted.) Canada Helps charges a 3.5% fee for monthly donations; you receive a tax receipt for your full donation. Canada Helps issues your tax receipts so Holy Trinity also benefits by not needing additional admin staff time.

Email transfers directly to Holy Trinity are also available. Contact the office for this option.

If you wish to have Holy Trinity donation envelopes, contact the office.



Archdiocese of Regina Summer Pilgrimages:

[A full schedule of the pilgrimages within the Archdiocese of Regina can be found at archregina.sk.ca/blog_ministry/annual-pilgrimage-sites/](http://archregina.sk.ca/blog_ministry/annual-pilgrimage-sites/)

Check Holy Trinity bulletin board for posters

July 21—Lestock Mary, Queen of All Hearts Shrine

August 10 & 11—Kronau Shrine of Our Lady of Lourdes

August 11-14—Yorkton to Rama St. Philomena Walking Pilgrimage

August 14 & 15—Rama Our Lady of Lourdes

August 18—Kaposvar (near Esterhazy) Our Lady of Lourdes Shrine

A Great Symphony of Prayer: The Our Father as a Program of Life

In spring 2024, the CCCB Ad hoc Committee for the Preparation for the Jubilee 2025 hosted the first part of a two-part webinar series titled, "A Great Symphony of Prayer", enabling the faithful one meaningful way to participate in the Year of Prayer which was announced by Pope Francis on January 21, 2024.

The four sessions of the webinar series are available on YouTube.

1. "Why Did Jesus Address God As Father?" - Dr. Josephine Lombardi. [Watch here.](#)
2. "Seeking God's Kingdom And Knowing God's Will" - Dr. Josephine Lombardi. [Watch here.](#)
3. "Daily Bread And The Gift Of Forgiveness" - Dr. Josephine Lombardi. [Watch here.](#)
4. "Managing Trials And Resisting Evil" - Dr. Josephine Lombardi. [Watch here.](#)

St. Cecilia Parish 70th Anniversary: St. Cecilia Parish, 5020 - 7th Avenue, Regina 70th Anniversary celebration on Sunday, Sept. 1 with a special Mass at 10 am followed by a pancake breakfast. The Knights of Columbus, Father Burns Council, is hosting the freewill donation breakfast. Former members of St. Cecilia parish community are encouraged to join the celebration.

Norwest Place Housing Co-operative
6340 Engel Drive, Regina
Affordable, quality housing



Call our office: **306-543-5758**

- 2 bedroom units for 55 plus couples, semi-retired is fine
- walking distance to many amenities including 3 lake/parks, groceries, fitness facilities, library, dining, churches, pharmacies, medical offices
- committed to contributing to the operation of our housing co-operative
- recreational activities
- no smoking or pets



Fitting the toughest feet for over 55 years!

- ◆ Orthopaedic & Comfort Footwear
- ◆ Cdn. Cert. Pedorthists on staff
- ◆ Custom Made & Over the Counter Orthotics

Phone: 306-352-5106

**2712 - 13th Avenue
 Tues. - Sat. 10 - 5:30**

Lakewood HAIR STUDIO



Complete Haircare and Esthetic Services

5520 Rochdale Blvd., Regina, Sask, S4X 4P1
 Phone : **775-1353**

Armstrong Painting Plus
 Home Renos
 Regina
 Saskatchewan, S4N 2V1

Charles
 Owner/Operator



C: 306-531-9777

GOT HAIL DAMAGE?

COME SEE US FIRST!



TRI'S DENT CARE

- Paintless Dent Repair Specialist -



• Hail Damage • Minor Dents

• Door Dings



• Serving Regina Saskatchewan for over 22 years

SGS ACCREDITED

With the recent hail storm to hit Regina don't trust your car to just anyone!

Trust **TRI'S DENT CARE!**

With 22 years experience

we will do it right the first time!

Locally owned and operated... we're here to take care of you!

1301 Winnipeg Street, Regina SK S4R 1K2
 (corner of Winnipeg St. & 7th Ave.)

SAVE UP TO
\$250
 WITH OUR
 GIFT CARD

306-565-1995

SAVE UP TO
\$250
 WITH OUR
 GIFT CARD

*See Details in Shop

*See Details in Shop

J.M.J Spiritual Bookstore

All your spiritual book needs.

soroka@sasktel.net

sorokad597@gmail.com

1-306-726-5865

Denise Soroka, Owner

Religious articles.; Statues, Medals, Rosaries, gifts for Christmas. Confirmation and Holy Communion.



KNIGHTS OF COLUMBUS

You are invited to join our parish council. Do more than you could by yourself. Contact through Holy Trinity office (306) 543-3838.

Catholic Women's League

We invite you to join our Council.



For information on membership and benefits, please contact: Sherry Enns at 306-530-5846

Bulletin Ad space

Monthly or Yearly. Reasonable rates. Call or email Heather, Holy Trinity office.

306-543-3838

htrinity@sasktel.net



Service & Repair

Rob Young

Cell: **(306) 530-6318**

Regina

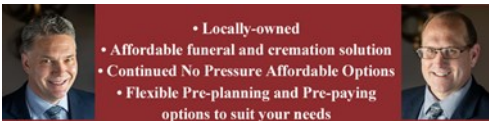
Fri. Oct. 4 & Sat. Oct. 5 Craft/Trade Show & Bake Sale, Holy Trinity Hall. CWL Bake Sale in meeting room (Sat. only) This year, Craft/Trade Show being organized by one of our vendor partners.

Archdiocese of Regina Weekly Report

The week's top local stories, parish and diocesan events, and national and international news of Catholic interest delivered to your in-box every Friday.



Love Star Creations®
 Donna L. Toth
 Artist
 Divinely Inspired
lovestar@sasktel.net



• Locally-owned
 • Affordable funeral and cremation solution
 • Continued No Pressure Affordable Options
 • Flexible Pre-planning and Pre-paying options to suit your needs

Call: **306-545-4455** www.AlmassyMetzfuneral.com
 1265 Searth Street, Regina, Saskatchewan

Almassy Metz
 Funeral & Cremation Services



L. Toledo Painting
 Proudly Professional Painting & Wall Coverings
 Luis Toledo
 Ph: (306) 737-0512
 • Interior • Exterior
 • Residential • Commercial
 • Insurance • Bonded
 • Free Estimates
 - Licence # 7724313 -



MARY KAY

Deborah Canevaro
 Independent Beauty Consultant
 306-543-5701

Donna Witt
 Independent Senior Sales Director
 306-543-7664

For Sale 2 plots side by side at Regina Memorial Gardens located in the Apostles Garden. \$2000. for the two plots.

Contact Lyle Petryna at 306-551-9662