

Holy Trinity Roman Catholic Parish

September 8, 2024
23rd Sunday in Ordinary Time

*Glory be to the Father, and to the Son, and to the Holy Spirit.
As it was in the beginning, is now, and ever shall be, world without end.
Amen.*

Welcome to Holy Trinity!

As Catholic Christians we seek to proclaim, celebrate, and live our faith joyfully and to express our love for Christ and each other.

If you are a visitor or are new to Regina or to our parish, we welcome you and hope you have a positive experience in your worship with us. Check our website for a helpful introduction to Holy Trinity and its various ministries and services. Please feel free to contact us with questions or comments. We look forward to meeting you!

To register in the parish, update your information, or request donation envelopes, pick up a form in the Gathering area (bulletin board) or print a copy from our website, call the parish office or drop in during office hours, www.holytrinityregina.ca.



Reconciliation: By prior arrangement and when possible
45 min. before weekend Masses
30 min. before weekday Masses

Weddings & Funerals: Contact Fr. Gaspar

Weekend Masses: Sat. 5 pm; Sunday 9 am & 11 am

Coming Up at Holy Trinity (Weekday Rosary 25 minutes before Mass)

- Sat. Sept. 7 12 pm to 4 pm Couples for Christ, mtg room
- Sat. Sept. 7 5 pm Mass:** Pro Populo
- Sun. Sept. 8 9 am Mass:** + Ernie Krammer
- Sun. Sept. 8 11 am Mass:** + Katherine Dielschneider
- Sun. Sept. 8 5 pm Vietnamese Mass**
- Mon. Sept. 9 6:30 pm Mass** followed by CWL Meeting
- Tues. Sept. 10 1:30 pm, Forever in Motion, hall
- Tues. Sept. 10 7 pm Mass** followed by K of C meeting
- Wed. Sept. 11 8:30 am Mass**
- Thurs. Sept. 12 8:30 am Mass:** + Lorraine Ball
- Thurs. Sept. 12 9 am Holy Trinity Ecumenical Group, mtg rm
- Thurs. Sept. 12 9:30 am to 2:30 pm, St. Joan of Arc gr. 7 & 8 retreat, hall
- Thurs. Sept. 12 7 pm Liturgical Ministries training, mtg rm, gathering area & church
- Fri. Sept. 13 8:30 am Mass**

**5020 Sherwood Drive
Regina, SK S4R 4C2
Phone: 306-543-3838
Email: htrinity@sasktel.net
Website: holytrinityregina.ca**
(bulletin available online)

At Holy Trinity:

We pray for the following:

Martin & Gisele Croteau, MaryAnn Young, Gwen Gibney, Ruth Morrison, Gerry Turgeon, Jacqueline Meeley, Troy Kocur

We pray for the Repose of the Souls of our beloved ones, including Shirley Pady, Lillian Burnett, Loretta Katernick, Donna Ruggieri, Domenico Ranalli, Katherine Dielschneider

August 3, 4, 10, 11, 17, 18, 24, 25 Donations
Regular collection \$17,174.
Average expenses: \$21,661 monthly.



[Use this link](#) or on our website home page.

Use your credit card for occasional or regular giving. Details on page 3.

Sacramental Preparation

Baptism Preparation

For parents of infants & young children and expectant parents. Contact the office to register for next session. [Registration form on website.](#)



Holy Trinity Catholic Women's League

General meetings: 2nd Monday of the month. Next meeting Mon. Sept. 9
Executive: Next meeting Sept. 30



Holy Trinity Knights of Columbus

General meetings: now 2nd Tuesday of the month. Next meeting Sept. 10, 7:30 pm.

Pastoral Staff

Pastor: Rev. Gaspar Lucas 306-924-1993

Support Staff**Office Coordinator**

Heather Deis: 306-543-3838

Custodian: Dominic Dias

Office Hours Mon. to Fri.—9 am to 3 pm

Closed statutory holidays

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The Eyes Have It | Benjamin Cello | Episode 2

Glow Worm is losing her glow, and her eyes are going with it! It'll take the ministrations of mother and expert Lady Iris to help Glow Worm fix her eyes on Jesus and see with a heavenly perspective.

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An offering from the AUGUSTINE INSTITUTE and ignatius press

Buildings and Grounds Co-ordinator - Holy Trinity Parish needs a volunteer Building and Grounds Coordinator to oversee the operation and maintenance of Holy Trinity Parish building and grounds. For details of the activities and responsibilities, see bulletin board or contact the parish office.



Catholic Women's League at Holy Trinity

CWL General meeting Monday, Sept. 9 beginning with Mass at 6:30 pm. The City of Regina is presenting on their recycling program. Everyone welcome.

Living Faith booklets for Oct./Nov./Dec. are now available in the hanging file folders. Yearly fee of \$10 can be left in the folder with your name or given to Marlene Schnell. Booklets available at the Sept. 9 meeting. Living Faith are Daily Catholic Devotions with inspiring messages, printed quarterly.

Fri. Oct. 4 & Sat. Oct. 5 Craft/Trade Show & Bake Sale, Holy Trinity Hall. CWL running Bake Sale & Canteen. This year, Craft/Trade Show being organized by one of our vendor partners.

Communion to Shut-ins. If you, or someone in your family would like communion brought to a care home or own home in our parish, contact the Holy Trinity office (306) 543-38383.

Those in hospital should contact the Chaplain (contact info page 4)

Communion Ministry to the Homebound—looking for one or two parishioners to take communion to a few residents of a care home in our area. Contact the office. Since this is a ministry to a vulnerable group, a criminal record check will be needed.

Mass Times:

Saturday: 5 pm

Sunday: 9 & 11 am

Monday—no Mass

Tuesday—7 pm Mass

Wednesday, Thursday & Friday Masses 8:30 am

First Friday Eucharistic Adoration after 8:30 am Mass, next Oct. 4.

For the comfort and safety of others, please do not wear fragrance to church.

**Next Pancake Breakfast:**

Sunday, Sept. 22, 10 am to 1 pm.

Pancakes, eggs, ham, sausage, syrup, strawberries, whipped topping, coffee, juice. Your donations welcomed.

Hosted by Knights of Columbus.

SANDWICHES for Waterston House—if you can make a loaf of uncut sandwiches (no mustard) for the weekend of Sunday, Sept. 15, please sign the list in the Gathering Area or call Annette at (306) 537-5300. We are committed to supply 25 loaves to support people in Regina's core area who are in need — 7 more needed. Organized by Holy Trinity Social Justice team.



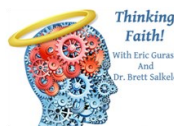
Social Justice Backpacks & School Supplies Project—thanks to any who donated school supplies this year. Response was not so great this summer, so \$592 of additional supplies were purchased. Thanks to the CWL who donated \$250. Ten backpacks of new and donated school supplies for elementary and high school students were delivered to Transition House, an emergency shelter for women and children escaping domestic violence. The shelter is currently over capacity and very grateful for the donations.

Go Make Disciples—Become a leader in your parish and the wider community, by serving the people of God as an evangelizing disciple of Jesus Christ. The Archdiocese of Regina's Lay Formation Program provides you with the skills, tools, and opportunities to deepen your spiritual life and assess your God-given gifts and talents. Join our weekend sessions at Campion College starting this November and become part of a community of leaders serving God's people in a variety of roles. Our three-year program will deepen your understanding of Church and faith through solid teaching by our own diocesan priests and religious as well as lay men and women who are experts in their respective fields of theology, ethics, social justice, and more. For more information on how to register, please contact our Program Coordinator, Deacon Eric Gurash at 306-721-6724 or email him at egurash@archregina.sk.ca.

Archdiocese of Regina Bulletin (Sept. 8) Link

Development & Peace Fall Workshops


**Archdiocese of Regina Masses
On-Line**
<https://archregina.sk.ca/live>

 Links at www.youtube.com/ArchdioceseRegina

**Thinking
Faith!**
With Eric Gurash
And
Dr. Brett Salkeld

THINKING FAITH Podcast hosted by
Deacon Eric Gurash and Dr. Brett Salkeld of
the Archdiocese of Regina.

**Mental Health Ministry with Deacon Eric and Melissa
Gurash - Part 1**
**Thinking Faith Podcast with Deacon Eric Gurash
and Dr. Brett Salkeld**

In this part of one of two episodes in honour of Suicide Prevention and Awareness Day on September 10, Deacon Eric Gurash and wife Melissa discuss their work in mental health ministry and the ways parishes can get involved.

[Listen to the podcast.](#)
Essential Mental Health Resources

9-8-8 National 24/7 Suicide Assistance Hotline. 9-8-8 is the new three-digit helpline that provides urgent, live support by phone and text to people in every province and territory across the country.

[World Suicide Prevention Day.](#) Emmaus Support Mental Health Ministries: emmaussupport.ca/

Christian Centering Prayer is a silent prayer of simply resting in God.

Introductory Workshop will be held at Holy Rosary Cathedral Sat., October 5 from 10 am to 3 pm. Suggested donation of \$25; Lunch provided. For more information about Centering Prayer or to register for the workshop please contact Judy Corkery: judithcorkery@gmail.com or call 306-543-2914.

Decolonizing Ourselves: We All Drink from the Same River

Saturday, September 14, 1 pm - 5:30 at Echo Valley Provincial Park near Fort Qu'Appelle, Treaty 4.

Join KAIROS Prairies North for a day of water teachings, ceremony, reflection, and action commitments with Elders and knowledge keepers: Elder Marjorie Beaucage, Holly Yuzicapi, Michelle Brass (invited), and settler conservationist Aura Lee MacPherson (invited). [Additional details and schedule of the day.](#)

This gathering is hosted by the KAIROS Prairies North Decolonization Committee with gratitude to our community partners. It is funded by the United Church of Canada's Reconciliation and Justice Fund. As a result, this gathering is free of charge. [We do ask you to register](#), so we know numbers and can send any follow up material.

Organ Music Concert, Fri. Sept. 20, 7 pm at Holy Rosary Cathedral. Three organists will perform the music of young Canadian composer, Tate Pumfrey.

Archdiocese of Regina Senior Accountant Full-Time Position Details at archregina.sk.ca/employment/. Application deadline is September 13, 2024.

Holy Trinity Parish on Facebook—A great opportunity to be connected and up-to-date on our events and activities.



You can find us by searching for "Holy Trinity Parish, Regina" on Facebook, or with this link: <https://www.facebook.com/holytrinityregina> 'Like' and 'Follow' us to stay informed and engaged!

Ways to Donate:

If you wish to donate on-line, Canada Helps has an option to give to any special collections at Holy Trinity, as well as to the regular collection.

Canada Helps is an easy way to donate to Holy Trinity either once, occasionally, or monthly, using your credit card. (PayPal and Google Pay also accepted.) Canada Helps charges a 3.5% fee for monthly donations; you receive a tax receipt for your full donation. Canada Helps issues your tax receipts so Holy Trinity also benefits by not needing additional admin staff time.

Email transfers directly to Holy Trinity are also available. Contact the office for this option.

If you wish to have Holy Trinity donation envelopes, contact the office.


Upcoming Special Collections:
Oct. 20 (World Mission Sunday)
Propagation of the Faith

ArchRegina Congress 2024 - Pilgrims of Hope

Join us for the ArchRegina Congress - Pilgrims of Hope, on Saturday, September 21, from 10 am to 2:30 pm at Resurrection Parish, 3155 Windsor Park Road. The day will begin with an optional Mass at 9 am. Lunch will be provided.

A key aspect of this gathering will involve an exploration of the future vision of our Catholic churches in Southern Saskatchewan. This Congress is an opportunity to engage in spiritual conversation, reflecting on our shared faith journey and discerning a transformative and hope-filled path forward for our parishes and church, all guided by the Holy Spirit.

Your voice is vital as we navigate these times of change and growth. We deeply appreciate your perspective, experiences, hopes, and dreams, which are invaluable to shaping our shared future. Together, we can build a solid and vibrant faith community that continues to serve and inspire for generations to come.

To register, email Melissa at mgurash@archregina.sk.ca or call 306-

Support Visitation House through Queen City Marathon 2024

Fr. John Weckend ran in the first marathon in 2001 and since then has raised over \$200,000 in support of Visitation House, an outreach centre for women in downtown Regina, under the auspices of the Archdiocese of Regina.

This year, Fr. John has again organized and is running with the "Holy Soles" Team. The five team members have chosen the Virtual option to run on a day, time, and location that fits their schedules, to be completed between September 8 (Marathon Day) and October 12.

Donations of \$10 or more receive a charitable donation receipt.

Ways you can donate:

- Cash or cheque (payable to Visitation House) accepted after weekend Masses by CWL members or drop off in the office during the week.
- Interac e-Transfer through Archdiocese of Regina: For recipient email address, enter visitationhouse@archregina.sk.ca. In the Message, enter your address and phone number.
- Mail cheques to Visitation House, 900 - 11th Avenue, Regina S4N 0K7.

Made for Greatness Catholic Men's Conference - October 4 and 5, St Martin de Porres, Regina More information in Sept. 1 bulletin Poster on Holy Trinity bulletin board or [Made for Greatness website.](#)

Charismatic Prayer Gathering, Resurrection Parish Mark your calendar: September 15, October 20, November 17. 7 - 9 pm. Experience Christ's loving embrace through music, praise, worship, teaching, prayer, and fellowship!

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KNIGHTS OF COLUMBUS

You are invited to join our parish council. Do more than you could by yourself. Contact through Holy Trinity office (306) 543-3838.

Catholic Women's League

We invite you to join our Council.



For information on membership and benefits, please contact: Sherry Enns at 306-530-5846

Bulletin Ad space

Monthly or Yearly. Reasonable rates. Call or email Heather, Holy Trinity office.

306-543-3838

htrinity@sasktel.net



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Regina

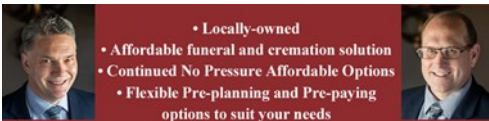
Fri. Oct. 4 & Sat. Oct. 5 Craft/Trade Show & Bake Sale, Holy Trinity Hall. CWL Bake Sale & Canteen. This year, Craft/Trade Show being organized by one of our vendor partners.

Archdiocese of Regina Weekly Report

The week's top local stories, parish and diocesan events, and national and international news of Catholic interest delivered to your in-box every Friday.



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Prayer Request Box in Holy Trinity Church. Place your written request in the wood box (inside entrance to church worship area). All remain confidential.

The Church is open for prayer during office hours (Tues to Fri., 9 am to 3 pm).