Holy Trinity Roman Catholic Parish

September 15, 2024 24th Sunday in Ordinary Time

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

Welcome to Holy Trinity!

As Catholic Christians we seek to proclaim, celebrate, and live our faith joyfully and to express our love for Christ and each other.



If you are a visitor or are new to Regina or to our parish, we welcome you and hope you have a positive experience in your worship with us. Check our website for a helpful introduction to Holy Trinity and its various ministries and services. Please feel free to contact us with questions or comments. We look forward to meeting you!

To register in the parish, update your information, or request donation envelopes, pick up a form in the Gathering area (bulletin board) or print a copy from our website, call the parish office or drop in during office hours, www.<u>holytrinityregina.ca.</u>

Reconciliation: By prior arrangement and when possible 45 min. before weekend Masses 30 min. before weekday Masses

Weddings & Funerals: Contact Fr. Gaspar

Weekend Masses: Sat. 5 pm; Sunday 9 am & 11 am

Coming Up at Holy Trinity (Weekday Rosary 25 minutes before Mass)

/	Sat. Sept. 14	5 pm Mass: Ints Lois Stadnyk
	Sun. Sept. 15	9 am Mass: + Rosalind Kosolofski
	Sun. Sept. 15	11 am Mass: + Domenico Ranalli
	Mon. Sept. 16	10 am Mass with Ecole St. Mary
	Tues. Sept. 17	1:30 pm, Forever in Motion, hall
	Tues. Sept. 17	7 pm Mass
	Wed. Sept. 18 Wed. Sept. 18	No 8:30 am Mass 10 am Mass with St. Joan of Arc School
	Thurs. Sept. 19	8:30 am Mass: + Mike Chopty
	Thurs. Sept. 19	7 pm Parish Pastoral Council mtg (see p. 2)
	Fri. Sept. 20	8:30 am Mass: + Eugene Hryb
	Sat. Sept. 21	5 pm Mass
	Sun. Sept. 22 Sun. Sept. 22 Sun. Sept. 22	9 am Mass : Ints Florence Hoffort 10 am to 1 pm Pancake Breakfast, hall (p. 2) 11 am Mass

5020 Sherwood Drive Regina, SK S4R 4C2 Phone: 306-543-3838 Email: htrinity@sasktel.net Website: holytrinityregina.ca (bulletin available online)

At Holy Trinity:

We pray for the following: Martin & Gisele Croteau, MaryAnn Yo

Martin & Gisele Croteau, MaryAnn Young, Gwen Gibney, Ruth Morrison, Gerry Turgeon, Jacqueline Meeley, Troy Kocur

We pray for the Repose of the Souls of our beloved ones, including Ed Fuchs, Shirley Pady, Lillian Burnett, Loretta Katernick, Donna Ruggieri, Domenico Ranalli, Katherine Dielschneider

Weekend of Sept. 1 Donations Regular collection \$3,215 Average expenses: \$21,661 monthly.

Canada Helps.org

Use this link or on our website home page.

Use your credit card for occasional or regular giving. Details on page 3.

Sacramental Preparation

Baptism Preparation

For parents of infants & young children and expectant parents. Contact the office to register for next session. Registration form on website.

First Eucharist, Confirmation & First Reconciliation classes Register now for these Sacraments for



children in grade two and up. Classes begin October 20 after the 11 am Mass. Registration details on page 2.



Holy Trinity Catholic Women's League General meetings: 2nd Monday of the month. Next meeting Mon. Oct. 7 starting 6:30 pm with Rosary. Executive: Next meeting Sept. 30



Holy Trinity Knights of Columbus General meetings: now 2nd Tuesday of the month. Next meeting Oct. 8 (no 7 pm Mass)

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Holy Trinity Parish, Regina

Pastoral Staff

Pastor: Rev. Gaspar Lucas 306-924-1993

<u>Support Staff</u> Office Coordinator Heather Deis: 306-543-3838 Custodian: Dominic Dias

<u>Office Hours</u> Mon. to Fri.—9 am to 3 pm Closed statutory holidays

Mass Times: Saturday: 5 pm Sunday: 9 & 11 am Monday— no Mass

For the comfort and safety of others, please do not wear fragrance to church.

Tuesday—7 pm Mass Wednesday, Thursday & Friday Masses 8:30 am

First Friday Eucharistic Adoration after 8:30 am Mass, next Oct. 4.



Next Pancake Breakfast:

Sunday, Sept. 22, 10 am to 1 pm. Pancakes, eggs, ham, sausage, syrup, strawberries, whipped topping, coffee, juice. Suggested donation Adults \$10; Children \$5 Hosted by Knights of Columbus.

Thursday, September 19—Parish Pastoral Council meeting. 7 pm. Holy Trinity parishioners are invited to join and see how the pastoral issues of your parish are being discussed and decided. This meeting agenda includes photo directory project.



First Eucharist, Confirmation & First Reconciliation classes Register now for these Sacraments for children in grade two and up. Classes begin Sun. October 20

and will follow the 11 am Mass. Complete a Registration form found on our website or bulletin board at church or use online registration form.

2024 Bible Study at Holy Trinity— "LECTIO – EUCHARIST" with Dr. Brant Pitre. Pick the time that suits your schedule: Tuesday Evenings – 7:30 pm, 5 sessions start Oct. 29 Wednesday Mornings – 9:15 am, 5 sessions start Oct. 30

Lectio: Eucharist: Discovering the Mass in the Bible: acclaimed author and teacher Dr. Brant Pitre digs down to the biblical roots of the Eucharist, through its foreshadowing in the miraculous events of the Old Testament, the Gospels, and Apostolic teaching.

"The Lamb of God," "The Bread of Life," "The Body and the Blood of Christ"... these are phrases we know from the Mass. But do we understand what they mean in the greater and deeper context of Scripture and Church teaching? We'll discover firsthand how Christ's Body and Blood are an integral and wondrous part of God's plan for our salvation.

Sign up now before deadline of <u>Thursday</u>, <u>October 3</u> so recommended study guides can be ordered (approx. cost \$40)

SANDWICHES for Waterston House—Thanks to all who signed up to bring a loaf on Sept. 14 or 15. The list is on the fridge in the main floor kitchenette — please check off your name when you bring your loaf. They will be delivered at noon on Sept. 15 by Holy Trinity Social Justice team member.



LOTR and Catholicism w/Joseph Pearce | Chris Stefanick Show

This beautiful Italian film depicts the life of St. Anthony of Padua, including his preaching, his love for the poor, and the wonders of his miracles. It will doubtless help you cultivate devotion to this beloved saint.

Our parish has a FORMED subscription. Visit formed.org/signup and select our parish. Scan the QR code to download the FORMED app to your phone



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Buildings and Grounds Co-ordinator - Holy Trinity Parish needs a volunteer Building and Grounds Coordinator to oversee the operation and maintenance of Holy Trinity Parish building and grounds. For details of the activities and responsibilities, see bulletin board or contact the parish office.



Catholic Women's League at Holy Trinity

Living Faith booklets for Oct./Nov./Dec. are now available in the hanging file folders. Yearly fee of \$10 can be left in the folder with your name or given to Marlene Schnell. Booklets available at the Sept. 9 meeting. Living Faith are Daily Catholic Devotions with inspiring messages, printed quarterly.

Fri. Oct. 4 & Sat. Oct. 5 Craft/Trade Show & Bake Sale, Holy Trinity Hall. CWL running Bake Sale & Canteen.

Donations of baking for CWL bake table being accepted starting 9 am Fri. Oct 4 as well as Sat. Oct 5 until noon. This is a fund-raiser for our CWL council.

Craft/Trade Show being organized by one of our vendor partners. Fri. Oct. 4 from 5 to 8 pm and Sat. Oct. 5 from 10 am to 3 pm

Communion to Shut-ins. If you, or someone in your family would like communion brought to a care home or own home in our parish, contact the Holy Trinity office (306) 543-38383.

Those in hospital should contact the Chaplain (contact info page 4)

Communion Ministry to the Homebound—looking for one or two parishioners to take communion to a few residents of a care home in our area. Contact the office. Since this is a ministry to a vulnerable group, a criminal record check will be needed.

www.holytrinityregina.ca

Archdiocese of Regina Bulletin (Sept. 15) Link Development & Peace Fall Workshops



Archdiocese of Regina Masses On-Line

https://archregina.sk.ca/live

Links at www.youtube.com/ArchdioceseRegina

THINKING FAITH Podcast hosted by Deacon Eric Gurash and Dr. Brett Salkeld of the

Archdiocese of Regina.

Thinking Faith! With Eric Gurash And Dr. Brett Salkeld

Mental Health Ministry with Deacon Eric and Melissa Gurash - Part 2

In this part of two of two episodes in honour of Suicide Prevention and Awareness Day on September 10,

Deacon Eric Gurash and wife Melissa discuss their work in mental health

ministry and the ways parishes can get involved. Listen to the podcast.

Essential Mental Health Resources

9-8-8 National 24/7 Suicide Assistance Hotline. 9-8-8 is the new three-digit helpline that provides urgent, live support by phone and text to people in every province and territory across the country.

<u>World Suicide Prevention Day</u>. Emmaus Support Mental Health Ministries: <u>emmaussupport.ca/</u>

Christian Centering Prayer is a silent prayer of simply resting in God. Introductory Workshop will be held at Holy Rosary Cathedral Sat., October 5 from 10 am to 3 pm. Suggested donation of \$25; Lunch provided. For more information about Centering Prayer or to register for the workshop please contact Judy Corkery: judithcorkery@gmail.com or call 306-543-2914.

Regina Pro Life Association pro-life parish study series compiled by the Canadian Centre for Bio-Ethical Reform: **'A Christian's Guide to Defending Life in the Womb'**, is 5 sessions, at St. Martin de Porres parish, 4720 Castle Road, beginning Thursday September 19. Sessions include a brief spiritual component, a video presentation of about 30 minutes, questions for reflection & discussion and coffee and refreshments. To register, contact Jeanine Mann at manne@sasktel.net Videos feature brave young voices fighting for our innocent brothers and sisters who are daily killed in the womb. Remember the wise words of Mother Theresa; "The greatest destroyer of peace is abortion", and do whatever we can to end abortion. This series will help equip you for this mission. Registration needed to have participant booklets available (no cost).. NOTE: program not suitable for children under 13 years of age.

Go Make Disciples—The Archdiocese of Regina's Lay Formation Program has been providing well-formed, evangelizing disciples for over 35 years. Our alumni serve as leaders in liturgical and catechetical roles, as well as in pastoral and other parish groups, teams, and committees. Join our program and become part of this community of leaders. Our Fall intake starts this November, with weekend sessions held monthly at Campion College. Register now to deepen your understanding of Church and faith and discern how best to offer your God-given gifts and talents in service. For more information on how to register, please contact our Program Coordinator, Deacon Eric Gurash at 306-721-6724 or email him at <u>egurash@archregina.sk.ca</u>.

Holy Trinity Parish on Facebook—A great opportunity to be connected and up-to-date on our events and activities.

You can find us by searching for "Holy Trinity Parish, Regina" on Facebook, or with this link; <u>https://www.facebook.com/</u> <u>holytrinityregina</u> 'Like' and 'Follow' us to stay informed and engaged!

Ways to Donate:

If you wish to donate on-line, Canada Helps has an option to give to any special collections at Holy Trinity, as well as to the regular collection.

Canada Helps is an easy way to donate to Holy Trinity either once, occasionally, or monthly, using your credit card. (PayPal and Google Pay also accepted.) Canada Helps charges a 3.5% fee for monthly donations; you receive a tax receipt for your full donation. Canada Helps issues your tax receipts so Holy Trinity also benefits by not needing additional admin staff time.

Email transfers directly to Holy Trinity are also available. Contact the office for this option.

If you wish to have Holy Trinity donation envelopes, contact the office.

Canada Helps.org giving made simple

Upcoming Special Collections: Oct. 20 (World Mission Sunday) Propagation of the Faith

ArchRegina Congress 2024 - Pilgrims of Hope

Join us for the ArchRegina Congress - Pilgrims of Hope, on Saturday, September 21, from 10 am to 2:30 pm at Resurrection Parish, 3155 Windsor Park Road. The day will begin with an optional Mass at 9 am. Lunch will be provided.

A key aspect of this gathering will involve an exploration of the future vision of our Catholic churches in Southern Saskatchewan. This Congress is an opportunity to engage in spiritual conversation, reflecting on our shared faith journey and discerning a transformative and hope-filled path forward for our parishes and church, all guided by the Holy Spirit.

Your voice is vital as we navigate these times of change and growth. We deeply appreciate your perspective, experiences, hopes, and dreams, which are invaluable to shaping our shared future. Together, we can build a solid and vibrant faith community that continues to serve and inspire for generations to come.

To register, email Melissa at <u>mgurash@archregina.sk.ca</u> or call 306-721-6734. The deadline to register is Wed. September 18.

Support Visitation House through Queen City Marathon 2024

Fr. John Weckend ran in the first marathon in 2001 and since then has raised over \$200,000 in support of Visitation House, an outreach centre for women in downtown Regina, under the auspices of the Archdiocese of Regina.

This year, Fr. John has again organized and is running with the "Holy Soles" Team. The five team members have chosen the Virtual option to run on a day, time, and location that fits their schedules, to be completed between September 8 (Marathon Day) and October 12.

Donations of \$10 or more receive a charitable donation receipt.

Ways you can donate:

- Cash or cheque (payable to Visitation House) accepted after weekend Masses by CWL members or drop off in the office during the week.
- Interac e-Transfer through Archdiocese of Regina: For recipient email address, enter visitationhouse@archregina.sk.ca. In the Message, enter your address and phone number.
- Mail cheques to Visitation House, 900 11th Avenue, Regina S4N 0K7.

Made for Greatness Catholic Men's Conference - October 4 and 5, St Martin de Porres, Regina More information in Sept. 1 bulletin Poster on Holy Trinity bulletin board or Made for Greatness website.

Charismatic Prayer Gathering, Resurrection Parish Mark your calendar: September 15, October 20, November 17. 7 - 9 pm. Experience Christ's loving embrace through music, praise, worship, teaching, prayer, and fellowship!

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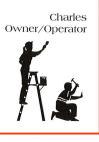


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You are invited to join our parish council. Do more than you could by yourself. Contact through Holy Trinity office (306) 543-3838.

Catholic Women's League

We invite you to join our Council.



For information on membership and benefits, please contact: Sherry Enns at 306-530-5846

Bulletin Ad space

Monthly or Yearly. Reasonable rates. Call or email Heather, Holy Trinity office.

306-543-3838

htrinity@sasktel.net



Service & Repair Rob Young Cell: (306) 530-6318

Prayer Request Box in Holy Trinity Church. Place your written request in the wood box (inside entrance to church worship area). All remain confidential.

Regina

The Church is open for prayer during office hours (Tues to Fri., 9 am to 3 pm).





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Spiritual Care in Hospital:

Pasqua Hospital Interim Chaplain Jennifer Holtslander 306-519-1380

FM

General Hospital Chaplain Jerry Fitzgerald 306-519-1405

Wascana Rehab Centre Chaplain Joan Rink 306-530-6511

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Archdiocese of Regina Weekly Report The week's top local stories, parish and diocesan events, and national and international news of Catholic interest delivered to your in-box every Friday.

