

# Holy Trinity Roman Catholic Parish

December 8, 2024  
Second Sunday of Advent

*Glory be to the Father, and to the Son, and to the Holy Spirit.  
As it was in the beginning, is now, and ever shall be, world without end.  
Amen.*

## Welcome to Holy Trinity!

As Catholic Christians we seek to proclaim, celebrate, and live our faith joyfully and to express our love for Christ and each other.

If you are a visitor or are new to Regina or to our parish, we welcome you and hope you have a positive experience in your worship with us. Check our website for a helpful introduction to Holy Trinity and its various ministries and services. Please feel free to contact us with questions or comments. We look forward to meeting you!

To register in the parish, update your information, or request donation envelopes, pick up a form in the Gathering area (bulletin board) or print a copy from our website, call the parish office or drop in during office hours, [www.holytrinityregina.ca](http://www.holytrinityregina.ca).



**Reconciliation:** By prior arrangement and when possible  
45 min. before weekend Masses  
30 min. before weekday Masses

**Weddings & Funerals:** Contact Fr. Gaspar

**Weekend Masses:** Sat. 5 pm; Sunday 9 am & 11 am

**Coming Up at Holy Trinity** (Weekday Rosary 25 minutes before Mass)

- |                       |   |
|-----------------------|---|
| <b>Sat. Dec. 7</b>    | <b>5 pm Mass:</b> + Anastacio Bernal<br>Gift Bearing Family: Granada                                      |
| <b>Sun. Dec. 8</b>    | <b>9 am Mass:</b> +Pro populo<br>Gift Bearing Family: Wootten   |
| <b>Sun. Dec. 8</b>    | <b>11 am Mass:</b> + Beppie Gerspacher<br>Children's Liturgy of the Word<br>Gift Bearing Family: Olaes    |
| <b>Sun. Dec. 8</b>    | <b>5 pm Vietnamese Mass</b>   |
| Mon. Dec. 9           | 5:30 pm CWL Christmas Social Potluck  |
| Tues. Dec. 10         | 12:30 St. Bernadette School rehearsal, church   |
| Tues. Dec. 10         | 1:30 pm, Forever in Motion, hall  |
| <b>Tues. Dec. 10</b>  | <b>7 pm Mass</b>  |
| Tues. Dec. 10         | 7:30 pm Knights of Columbus, meeting room   |
| <b>Wed. Dec. 11</b>   | <b>8:30 am Mass</b>   |
| Wed. Dec. 11          | 7 pm, St. Bernadette School Christmas concert, church (hall)  |
| <b>Thurs. Dec. 12</b> | <b>8:30 am Mass:</b> Ints Judy Stochmal   |
| Thurs. Dec. 12        | 1:15 pm St. Joan of Arc Christmas concert,<br>6:30 pm St. Joan of Arc Christmas concert,<br>church (hall) |
| <b>Fri. Dec. 13</b>   | <b>8:30 am Mass</b>   |

**5020 Sherwood Drive  
Regina, SK S4R 4C2  
Phone: 306-543-3838  
Email: [htrinity@sasktel.net](mailto:htrinity@sasktel.net)  
Website: [holytrinityregina.ca](http://holytrinityregina.ca)**  
(bulletin available online)

## At Holy Trinity:

### We pray for the following:

Colleen Lefebvre, Martin & Gisele Croteau,  
MaryAnn Young, Gwen Gibney, Ruth Morrison,  
Gerry Turgeon, Troy Kocur

**We pray for the Repose of the Souls of our beloved ones, including** Margaret Piotrofsky, Doreen Ewen, Lynn Lenius, Eva Enns, Elaine Eyndhoven, Barry Ludwar, Robert Roddy, Ann Beuker, Lillian Burnett

Regular Donations from Nov. 2 to 24: \$14,619  
Average expenses: \$21,661 monthly.



[Use this link](#) or on our website home page.

Use your credit card for occasional or regular giving. Details on page 3.

## Sacramental Preparation

### Baptism Preparation

For parents of infants & young children and expectant parents. Contact the office to register for next session in December. [Registration form on website.](#)



**Holy Trinity Catholic Women's League**  
General meetings: 2nd Monday of the month. Next meeting is Christmas Potluck Mon. Dec. 9 Doors open 5:30 pm. Details on page 2.  
Executive: Next meeting Jan. 27

**Holy Trinity Knights of Columbus**  
General meetings: 2nd Tuesday of the month. Next meeting Dec. 10, 7:30 pm

**Pastoral Staff**

**Pastor:** Rev. Gaspar Lucas 306-924-1993

**Support Staff****Office Coordinator**

Heather Deis: 306-543-3838

**Custodian:** Dominic Dias

**Office Hours** Mon. to Fri.—9 am to 3 pm  
Closed statutory holidays

**Mass Times:**

**Saturday: 5 pm**

**Sunday: 9 & 11 am**

Monday—no Mass

Tuesday—7 pm Mass

Wednesday, Thursday & Friday Masses 8:30 am

First Friday Eucharistic Adoration after 8:30 am Mass, next Jan. 3..

For the comfort and safety  
of others, please do not  
wear fragrance to church.



**Next Pancake Breakfast is Sunday:** Jan. 12,  
10 am to 1 pm.. Pancakes, eggs, sausage, ham,  
syrup, strawberries, whipped topping, coffee, juice.  
Adults \$10; children \$5. Hosted by K of C.

**Sunday Missals for 2024-25** available for \$5. from table  
in the gathering area or from the office during regular office  
hours.

**2024 Bible Study — “LECTIO – EUCHARIST”** with Dr. Brant Pitre. Study  
books available for \$30. Buy a copy to do at home on your own or with a  
family member or friend! All videos are available on Formed and you can go  
at your own pace. Makes a great gift.” More info in previous bulletins.

**Children's Liturgy** - program is in need of leaders for all Mass times.  
If you would like to see consistent children's liturgy available for our  
children, please prayerfully consider becoming a leader. Training and  
resources will be provided. Contact the office if interested.

2025 Donation Envelopes available in Gathering Area.  
Donations for 2024 must be received by Dec. 31, 3 pm.

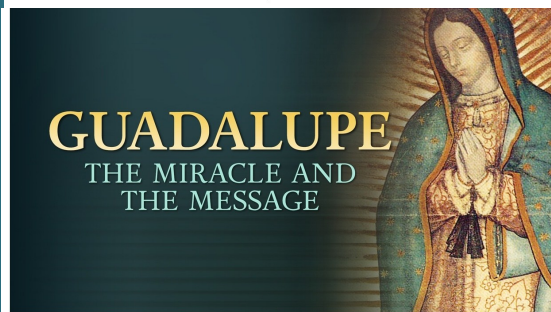


**Christmas Baking Trays** 36 to 40 piece tray of assortment  
of cookies, squares, tarts \$35. Tray of 24 to 26 pieces:  
\$20. Order by Dec. 8. Sign list in the Gathering Area or  
contact Debbie debbiebulch@gmail.com 306-533-2118  
or Joan jmink@sasktel.net 306-533-1648.

Donations gratefully accepted of Christmas dainties for the Cuernavaca  
baking tray fundraiser. Deadline to receive baking is Dec. 5.  
Mark containers "Cuernavaca Baking"

**Donations to Cuernavaca Project through Sarcan Recyclables.**

This project in Mexico is an outreach of the Archdiocese of Regina  
and benefits the community there by helping them  
become self-sustaining through projects such as  
gardens, school, housing. Bag your refundable  
cans and use the key word **“project”** when you use  
the Drop & Go option at Sarcan.

**FORMED**THE CATHOLIC FAITH.  
ON DEMAND.**Guadalupe: The Miracle and the Message**

Enjoy this film narrated by Jim Caviezel that walks us  
through our Mother's miraculous appearance to Juan Diego,  
an encounter that has influenced the conversion of millions  
of people.

Our parish has a FORMED subscription.  
Visit [formed.org/signup](https://formed.org/signup) and select our parish.  
Scan the QR code to download the FORMED app to your phone.



An offering from the AUGUSTINE INSTITUTE and ignaticus press

**Advent Love Collection**—pick up a special Love Collection envelope for your  
gift to help those in need in our community. Holy Trinity Social Justice team  
organizes and disburses funds to organizations who operate locally, nationally  
or globally to helping those most in need. Some of those organizations include  
Carmichael Outreach, Transition House, Emmaus Ministries.

**Holy Trinity Advent/Christmas:**

Thur. Dec. 19—Advent Reconciliation—7 pm  
Tues. Dec. 24, Christmas Eve Masses—7 pm  
and 10 pm  
Wed. Dec. 25, Christmas Day Mass—10 am  
Tues. Dec. 31, New Year's Eve—7 pm  
Wed. Jan. 1, New Year's Day—10 am

**Catholic Women's League at Holy Trinity**

**Mon. Dec. 9 Annual Christmas Potluck** Doors open 5:30 pm;  
Supper begins at 6 pm. Everyone welcome. Bring a friend or spouse.  
Presentation by Gail Reles on Lay Ministry program.  
(No general meeting in January).

**Communion to Shut-ins.** If you, or someone in your family would like  
communion brought to a care home or own home in our parish, contact the  
Holy Trinity office (306) 543-3838.

Those in hospital should contact the Chaplain (contact info page 4)

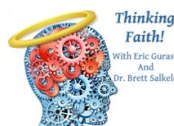
**Communion Ministry to the Homebound**—looking for a parishioners or  
two to take communion to a few residents of a care home in our area.  
Contact the office. Since this is a ministry to a vulnerable group, a criminal  
record check will be needed (cost is reimbursed by parish).

**Buildings and Grounds Co-ordinator** - Holy Trinity Parish needs a volunteer  
Building and Grounds Coordinator to oversee the operation and maintenance  
of Holy Trinity Parish building and grounds. For details of the activities and  
responsibilities, see bulletin board or contact the parish office.

**Archdiocese of Regina Bulletin (Dec. 8) Link**

Journey through Advent reflections; CWL Corner


**Archdiocese of Regina Masses  
On-Line**
<https://archregina.sk.ca/live>

 Links at [www.youtube.com/ArchdioceseRegina](http://www.youtube.com/ArchdioceseRegina)
**THINKING FAITH Podcast** hosted by Deacon Eric Gurash and Dr. Brett Salkeld of the Archdiocese of Regina.

**TF #430: Meet the Archivist with Rae Horseman - Part 1**

We dust off the stacks and pour through ancient tomes as we step into the fascinating world of history, records and storytelling with Rae Horseman, the Archivist for the Archdiocese of Regina. In this two-part series, Rae shares captivating stories from the archives, explains how historical records shape our understanding of faith and community, and highlights the importance of preserving the legacy and stories of our local Church for future generations.

[Listen to the podcast.](#)
**"Visualizing Our Salvation: the Annunciation in the Medium of Art"**

Campion College's Advent Scripture Webinars - Join Fr. Scott Lewis, SJ, for this online course, Dec. 12 and 19 at 10 am.

 For more information or to register, visit <https://campioncollege.ca/general/campus-ministry-advent-scripture-webinar/>

**Christmas donations needed:** Indigenous Christian Fellowship (3131 Dewdney Avenue) accepting donations of funds for winter gear, Christmas gifts (for adults, boys & girls) . Food items accepted for both distribution and use at ICF. Donations of warm coats mittens, tuques, wool socks, boots, scarves and thermal undergarments always welcome. Drop off at Centre. Financial support by e-transfer to support@icfregina.ca or through [Canada Helps](#).

**Youth Ministry Workshop**—Saturday, Jan. 25 from 10 am -4 pm, at the diocesan center, for the training, support and collaboration of those who work in ministering to young people; lunch provided. It is our hope that as many people as possible who are involved in ministering to the young people of our archdiocese, would be willing to bring their minds and hearts to this table of sharing. CONFIRM ATTENDANCE OR ASK QUESTIONS PLEASE SEND EMAIL to Office of Youth and Young Adult Ministry : oyyam@archregina.sk.ca

**A Holy Hour for Mental Health**—Join us at Christ the King Parish, Regina on Thursday, December 19, from 7 to 8 pm for a Holy Hour of Adoration and Prayer focused on mental health during this Christmas season.

The Christmas season can be a particularly challenging time for anyone living with mental health challenges. While the public focus of the season is on joy, peace, and hope; depression, anxiety, and other mental health challenges can be exacerbated by the additional stress and even loneliness that some experience. All are welcome to join us for this hour of quiet reflection and communal prayer with the Blessed Sacrament as we unite in faith and seek consolation, peace, and support.

St. Peter's CWL Craft/Bake Sale Friday, Dec.6 & Sat Dec.7—100 Argyle St. Regina. Come shop for Christmas gifts & Christmas baking.. Friday 10 - 8 Saturday 10 - 4. Concession booth: hotdogs and smokies, perogies and more.. For more information call Patricia 306-530-3075

Our Lady Queen of Peace, Legion of Mary—Weekly meetings: Saturdays after 9 am Mass. Holy Rosary Cathedral, O'Neil room. Contact 306-201-4229 or 306-539-3553 for more information.

**Ways to Donate:**

If you wish to donate on-line, Canada Helps has an option to give to any special collections at Holy Trinity, as well as to the regular collection.

Canada Helps is an easy way to donate to Holy Trinity either once, occasionally, or monthly, using your credit card. (PayPal and Google Pay also accepted.) Canada Helps charges a 3.5% fee for monthly donations; you receive a tax receipt for your full donation. Canada Helps issues tax receipts so Holy Trinity also benefits by not needing additional staff time.

Email transfers directly to Holy Trinity are also available. Contact the office for this option.

If you wish to have Holy Trinity donation envelopes, contact the office.



During Canada Post work stoppage: Holy Trinity has a mail slot to the right of the front door for after-hours donations (including for Appeal).

The theme this year is *Embracing Unity:*

*Many People, One Heart*

Give through your parish or

[Donate online through Canada Helps](#)

[YouTube link Appeal](#)



**Holy Trinity Annual Appeal goal** is \$36,717

To date, we have received 47 percent of our goal

If you did not receive the brochure and letter from the Appeal, pick up a copy from the table in the gathering area at Holy Trinity. With Canada Post service disruption, please do not mail your donation. Contact the parish office.

**Advent Recollection: Reconciliation, Adoration, and Healing—**

**December 15**, Third Sunday of Advent (Gaudete Sunday), 5 to 7:30 pm, St. Cecilia Parish, 5020 7th Avenue. In the holy Advent season, experience a time of enlightenment through adoration and healing with Jesus who brought light to the world. During this busy time of preparing for Christmas, pause and take advantage of this recollection opportunity..

Led by Fr. Francis (Prince) Kurisinkal, Sacred Heart of Jesus, Montmartre.

- Holy Mass – 5 pm.
- Adoration and individual Reconciliation – 5:45 pm.
- Release prayer for personal healing, from darkness to light – 7 pm.

**Advent Concert**—Campion College Advent of Light Musica Sacra, Dec. 8

at 2:30 pm, 2nd-floor Campion College Chapel, University of Regina, for a soul-stirring performance by the Musica Sacra Cecilia Voices, conducted by Dr. Melissa Morgan, Music Dept. Head at U of R.

**Holy Trinity Parish on Facebook**—A great opportunity to be connected and up-to-date on our events and activities.



You can find us by searching for "Holy Trinity Parish, Regina" on Facebook, or with this link; <https://www.facebook.com/holytrinityregina> 'Like' and 'Follow' us to stay informed and engaged!

**2025 PILGRIMAGE TO POLAND** June 17 to July 1. Info meeting Dec. 15, 4 pm, St. Anthony's church basement (2275 Atkinson St.). Pilgrimage led by Society of Christ priests. Visit religious and historical sites, from the Baltic Sea in the north to the Tatra Mountains in the south. These include Wadowice (home town of St. John Paul II), the Shrine of Divine Mercy in Łagiewniki, Częstochowa (home of the Black Madonna), Legnica (site of a Eucharistic miracle), Malbork castle (UNESCO World Heritage site), Auschwitz concentration camp, Gdansk shipyard (home of the Solidarity movement), Wieliczka salt mine (UNESCO World Heritage site), Krakow, Warsaw, Gdansk, Zakopane (mountain resort) and more! Guided tour led in English by Polish guides. Limited seats available.

For more information, call Theresa at 306-550-7649.



**Norwest Place Housing Co-operative**  
**6340 Engel Drive, Regina**  
**Affordable, quality housing**



Call our office: **306-543-5758**

- 2 bedroom units for 55 plus couples, semi-retired is fine
- walking distance to many amenities including 3 lake/parks, groceries, fitness facilities, library, dining, churches, pharmacies, medical offices
- committed to contributing to the operation of our housing co-operative
- recreational activities
- no smoking or pets



**Fitting the toughest feet for over 55 years!**

- ◆ Orthopaedic & Comfort Footwear
- ◆ Cdn. Cert. Pedorthists on staff
- ◆ Custom Made & Over the Counter Orthotics

Phone: **306-352-5106**

**2712 - 13th Avenue**  
**Tues. - Sat. 10 - 5:30**

**Lakewood HAIR STUDIO**



**Complete Haircare and Esthetic Services**

5520 Rochdale Blvd., Regina, Sask, S4X 4P1  
 Phone : **775-1353**

Armstrong Painting Plus  
 Home Renos  
 Regina  
 Saskatchewan, S4N 2V1

Charles  
 Owner/Operator



C: 306-531-9777

**GOT HAIL DAMAGE?**

COME SEE US FIRST!



**TRI'S DENT CARE**

- Paintless Dent Repair Specialist -



• Hail Damage • Minor Dents

• Door Dings



• Serving Regina Saskatchewan for over 22 years

**SGI ACCREDITED**

With the recent hail storm to hit Regina don't trust your car to just anyone!

Trust **TRI'S DENT CARE!**

With 22 years experience

we will do it right the first time!

Locally owned and operated... we're here to take care of you!

**1301 Winnipeg Street, Regina SK S4R 1K2**  
 (corner of Winnipeg St. & 7th Ave.)

SAVE UP TO  
**\$250**  
 WITH OUR  
 GIFT CARD

**306-565-1995**

SAVE UP TO  
**\$250**  
 WITH OUR  
 GIFT CARD

\*See Details in Shop

\*See Details in Shop

**Lakewood Manor Housing Co-operative**

1123 N Devonshire Drive, Regina

- \* Independent living
- \* 55+ Retired Couples
- \* 2-Bedroom Unit

Call: 306-924-0430



**KNIGHTS OF COLUMBUS**

You are invited to join our parish council.  
 Do more than you could by yourself.  
 Contact through Holy Trinity office (306)  
 543-3838.

**Catholic Women's League**

We invite you to join our Council.



For information on membership and benefits, please contact: Sherry Enns at 306-530-5846

**Bulletin Ad space**

**Monthly or Yearly. Reasonable rates.**  
**Call or email Heather, Holy Trinity office.**

**306-543-3838**

**htrinity@sasktel.net**



**Service & Repair**

**Rob Young**

Cell: **(306) 530-6318**

Regina



**Bring eyeglass donations to Holy Trinity** (plastic drawers in Gathering Area). Cases for glasses not needed.. Prescription & non-prescription, broken & loose lenses, swim goggles, sunglasses, reading glasses.

**Greenspace Woodworks**



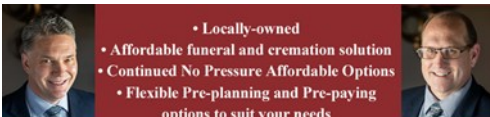
**Susan & Randy Carnduff**

Cremation Urns, Chess sets, turned Bowls, Yarn Holders, Jewelry/Keepsake Boxes, Cutting Boards, bespoke furniture and more. Use the QR code above to check out our ETSY online store. Contact us if you have a project in mind!

**306-537-4103 Greenspace.Woodworks@sasktel.net**



**Love Star Creations®**  
**Donna L. Toth**  
 Artist  
*Divinely Inspired*  
 lovestar@sasktel.net



- Locally-owned
- Affordable funeral and cremation solution
- Continued No Pressure Affordable Options
- Flexible Pre-planning and Pre-paying options to suit your needs

Call: **306-545-4455** [www.AlmassyMetzfuneral.com](http://www.AlmassyMetzfuneral.com)  
 1265 Searth Street, Regina, Saskatchewan

**Almassy Metz**  
 Funeral & Cremation Services



**L. Toledo Painting**

Proudly Professional Painting & Wall Coverings

**Luis Toledo**

Ph: (306) 737-0512

- Interior • Exterior
- Residential • Commercial
- Insurance • Bonded
- Free Estimates

- Licence # 7724313 -



**MARY KAY**

**Deborah Canevaro**

Independent Beauty Consultant  
 306-543-5701

**Donna Witt**

Independent Senior Sales Director  
 306-543-7664



**Archdiocese of Regina Weekly Report**

The week's top local stories, parish and diocesan events, and national and international news of Catholic interest delivered to your in-box every Friday.

