

# Holy Trinity Roman Catholic Parish

January 26, 2025  
3rd Sunday in Ordinary Time

*Glory be to the Father, and to the Son, and to the Holy Spirit.  
As it was in the beginning, is now, and ever shall be, world without end.  
Amen.*

## Welcome to Holy Trinity!

As Catholic Christians we seek to proclaim, celebrate, and live our faith joyfully and to express our love for Christ and each other.

If you are a visitor or are new to Regina or to our parish, we welcome you and hope you have a positive experience in your worship with us. Check our website for a helpful introduction to Holy Trinity and its various ministries and services. Please feel free to contact us with questions or comments. We look forward to meeting you!

To register in the parish, update your information, or request donation envelopes, pick up a form in the Gathering area (bulletin board) or print a copy from our website, call the parish office or drop in during office hours, [www.holytrinityregina.ca](http://www.holytrinityregina.ca).



**Reconciliation:** By prior arrangement and when possible  
45 min. before weekend Masses  
30 min. before weekday Masses

**Weddings & Funerals:** Contact Fr. Gaspar

**Weekend Masses:** Sat. 5 pm; Sunday 9 am & 11 am

**Coming Up at Holy Trinity** (Weekday Rosary 25 minutes before Mass)

Sat. Jan. 25	5 pm Mass
Sun. Jan. 26	9 am Mass: Pro populo Children's Liturgy of the Word
Sun. Jan. 26	11 am Mass: Ints Grace and Don Children's Liturgy of the Word Sacramental Prep meeting after Mass, hall
Sun. Jan. 26	5 pm Vietnamese Mass
Mon. Jan. 27	1:30 pm CWL Executive, meeting room
Tues. Jan. 28	1:30 pm Forever in Motion, hall
Tues. Jan. 28	7 pm Mass
Tues. Jan. 28	7:30 pm Lectio Eucharist Faith Formation, mtg rm
Wed. Jan. 29	8:30 am Mass: + Marian Kolesar
Wed. Jan. 29	9 am, Lectio Eucharist Faith Formation, mtg room
Thurs. Jan. 30	8:30 am Mass
Thurs. Jan. 30	7 pm Parish Pastoral Council meeting
Fri. Jan. 31	8:30 am Mass: + Mary Philip

5020 Sherwood Drive  
Regina, SK S4R 4C2  
Phone: 306-543-3838  
Email: [htrinity@sasktel.net](mailto:htrinity@sasktel.net)  
Website: [holytrinityregina.ca](http://holytrinityregina.ca)

### At Holy Trinity:

#### We pray for the following:

Sujith Noronha, Colleen Lefebvre, Martin & Gisele Croteau, MaryAnn Young, Gwen Gibney, Ruth Morrison, Gerry Turgeon, Troy Kocur

#### We pray for the Repose of the Souls of our

**beloved ones, including** Marian Kolesar, Frank Deitz, Gloria Brezinski, Margaret Piotrofsky, Doreen Ewen, Lynn Lenius, Eva Enns, Elaine Eyndhoven, Barry Ludwar, Robert Roddy, Ann Beuker

Regular Donations from Jan. 1 –19: \$11,648.  
Average expenses: \$21,661 monthly.



[Use this link](#) or on our website home page.

Use your credit card for occasional or regular giving. Details on page 3.

## Sacramental Preparation

### Baptism Preparation

For parents of infants & young children and expectant parents. Contact the office to register for next session in February. [Registration form on website.](#)



### Holy Trinity Catholic Women's League

General meetings: 2nd Monday of the month. Next meeting is Feb. 3.  
Executive: Next meeting Jan. 27.



### Holy Trinity Knights of Columbus

General meetings: 2nd Tuesday of the month.  
Next meeting Feb. 11, 7:30 pm

Next Pancake Breakfast is Sunday Feb. 16.  
Details on page 2.

**Pastoral Staff****Pastor:** Rev. Gaspar Lucas 306-536-8203**Support Staff****Office Coordinator**

Heather Deis: 306-543-3838

**Custodian:** Dominic Dias**Office Hours** Mon. to Fri.—9 am to 3 pm**Mass Times:****Saturday: 5 pm****Sunday: 9 & 11 am**

Monday— no Mass

Tuesday—7 pm Mass

Wednesday, Thursday &amp; Friday Masses 8:30 am

First Friday Eucharistic Adoration after 8:30 am Mass, next Feb. 7.

For the comfort and safety of others, please do not wear fragrance to church.

**NEXT Pancake Breakfast Sunday:** Feb. 16, 10 am to 1 pm. Pancakes, eggs, sausage, ham, syrup, strawberries, whipped topping, coffee, juice. Adults \$10; children \$5. Hosted by K of C.**Job Opportunity—Assistant Office co-ordinator, Holy Trinity, Regina.**

We are now inviting applications to the position of assistant office co-ordinator who will become the office co-ordinator this spring. The qualities required are the following: Computer efficiency essential; experience using Microsoft Publisher, Word, Excel. Excellent English communication skills (written & verbal). Experience with Catholic databases an asset. Organized and able to work independently.

Duties include answering phone, greeting office visitors, booking facilities for meetings and social functions. Prepare weekly bulletin, bill payments, manage office equipment, entry of donations. Generate annual receipts, certificates and record keeping for sacraments. Update website. Order/manage office supplies. Attend Parish Council meetings and Annual General Meeting to take summary notes and prepare minutes.

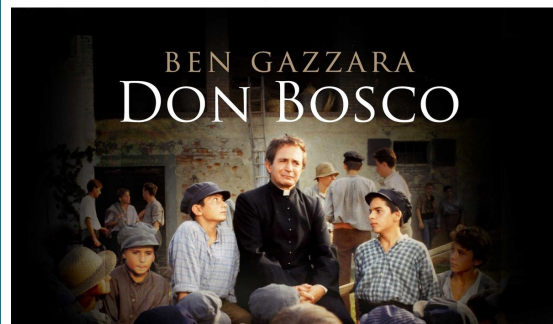
Parish office experience an asset.

For more information, call the parish office (306) 543-3838 or email [htrinity@sasktel.net](mailto:htrinity@sasktel.net) or contact Fr. Gaspar at [reginalucas15@yahoo.com](mailto:reginalucas15@yahoo.com) or 306-536-8203.

**Donations to Holy Trinity**—thank you for your support! It would be most helpful to our Collection Counters if you would write your donation amount on the envelope you use.

**Children's Liturgy** - program is in need of leaders for all Mass times. If you would like to see consistent children's liturgy available for our children, please prayerfully consider becoming a leader. Training and resources will be provided. Contact the office if interested.

**Buildings and Grounds Co-ordinator** - Holy Trinity Parish needs a volunteer Building and Grounds Coordinator to oversee the operation and maintenance of Holy Trinity Parish building and grounds. For details of the activities and responsibilities, see bulletin board or contact the parish office.

**FORMED**THE CATHOLIC FAITH.  
ON DEMAND.**Don Bosco: The True Story of the Apostle of Youth**

Don Bosco is the inspiring true story of a brave and holy priest. Blessed with tremendous gifts, a creative imagination, and a great sense of humor, Bosco had a winning way with youth and was a brilliant educator.

Our parish has a FORMED subscription. Visit [formed.org/signup](http://formed.org/signup) and select our parish. Scan the QR code to download the FORMED app to your phone.



An offering from the AUGUSTINE INSTITUTE and ignatius press

**2024-25 Bible Study — “LECTIO – EUCHARIST”** with Dr. Brant Pitre. Study books available for \$30. Buy a copy to do at home on your own or with a family member or friend! All videos are available on Formed and you can go at your own pace. Makes a great gift.”

**In person sessions:** Morning sessions (9 am): Jan. 15, 22, 29, Feb. 5 & 12. Evening sessions (7:30 pm): Jan. 14, 21, 28, Feb. 4 & 11.

**Catholic Women's League at Holy Trinity**

General Meeting Feb. 3 beginning 6:30 pm with Mass. Guest speakers at meeting are Chelo & Gregg Ravasco, Couples for Christ

**Living Faith Books** for Jan./Feb./March available in the hanging folders of those who subscribe.



**Spiritual Adoption program** will be starting in early February. Watch for more information in future bulletins on how you can participate in this program by praying for an unborn baby.

**Green Ribbon Campaign.** Regina Pro-Life is sponsoring the Green Ribbon Campaign to remember our preborn brothers and sisters, who were denied life. On January 28, 1988, the Supreme Court of Canada issued the Morgentaler decision, which struck down abortion as part of the criminal code. Since then, there have been no laws to regulate abortion in Canada through all 9 months of pregnancy and there have been more than 4 million abortions in Canada. Pick up a green ribbon/bookmark in the Welcoming Area. You are encouraged to wear the ribbon until January 28, but you can certainly wear it longer. The bookmark includes a prayer for the end to abortion that you are asked to pray daily.

**Communion to Shut-ins.** If you, or someone in your family would like communion brought to a care home or own home in our parish, contact the Holy Trinity office (306) 543-3838.

Those in hospital should contact the Chaplain (contact info page 4)

**Communion Ministry to the Homebound**—looking for a parishioners or two to take communion to a few residents of a care home in our area. Contact the office. Since this is a ministry to a vulnerable group, a criminal record check will be needed (cost is reimbursed by parish).

**Archdiocese of Regina Bulletin (Jan. 26) Link—**  
Free webinar on Catholic Health Care, Development & Peace online workshops Feb. 1 & 15

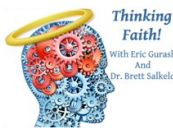


**Archdiocese of Regina Masses On-Line**

<https://archregina.sk.ca/live>

Links at [www.youtube.com/ArchdioceseRegina](http://www.youtube.com/ArchdioceseRegina)

**THINKING FAITH Podcast** hosted by Deacon Eric Gurash and Dr. Brett Salkeld of the Archdiocese of Regina.



**TF #436: Living In The Psalms - Part 2**

Join Deacon Eric Gurash for part two of the four-part series Living in the Psalms. This week, discover how the five books of the Psalms weave together the story of salvation history, reflecting the experiences of Israel through times of exile, kingship, and restoration. Explore how these ancient prayers continue to shape our spiritual journey, offering hope, healing, and the assurance of God's steadfast love.

[Listen to the podcast.](#)

**Pilgrims of Hope international Jubilee Year** began Dec. 24 when Pope Francis conducted the Holy Rite of opening the Holy Door of St. Peter's Basilica in Rome.

This Jubilee Year is a time of grace and renewal in unity and prayer. We are called to search for signs of hope and be signs of hope in our families, for our neighbours, the imprisoned, the sick and dying, the young and old.

**Celebrate the 52 Weeks of the Jubilee Year as a Family**  
52 Sundays is a free dynamic guide to help you and your family reclaim the Lord's Day with prayer, activities, recipe of the week, fun facts, and more.

Sign up at [52sundays.com](http://52sundays.com)



**Life in Abundance as Proclaimed by a Universal Christ:** A 7-Episode video series with Father John Weckend. Father John shares some of his reflections on a cosmic and more universal approach to 'The Christ'. It brings a broader approach to the dogma of the Incarnation and how it affects our life and spirituality. The Introduction and Episode 1 were online January 17. Each of the remaining episodes will be released weekly on Friday. Use one of these ways to watch: [Father John Weckend YouTube link](#). Or search on YouTube for [@FatherJohnWeckend](#).

**Made to Be, a new Catholic women's ministry** in Regina, presents Rest - Adoration, Confession, Prayer Ministry, and Fellowship on the following Sundays from 7:30 pm to 9.

January 26 - St. Martin de Porres Parish.

February 23 - Holy Family Parish.

March 23 - St. Martin de Porres Parish.

April 27 - Holy Family Parish.

**Cuernavaca Project** is an outreach of the Archdiocese of Regina. It benefits this community by helping them become self-sustaining through projects such as gardens, school, housing.

You can also help **through Sarcan Recyclables**. Bag your refundable cans and use the key word "project" when you use the Drop & Go option at Sarcan. Your support is greatly appreciated!

**Ways to Donate:**

If you wish to donate on-line, Canada Helps has an option to give to any special collections at Holy Trinity, as well as to the regular collection.

Canada Helps is an easy way to donate to Holy Trinity either once, occasionally, or monthly, using your credit card. (PayPal and Google Pay also accepted.) Canada Helps charges a 3.5% fee for monthly donations; you receive a tax receipt for your full donation. Canada Helps issues tax receipts so Holy Trinity also benefits by not needing additional staff time.

Email transfers directly to Holy Trinity are also available. Contact the office for this option.

If you wish to have Holy Trinity donation envelopes, contact the office.



Holy Trinity has a mail slot to the right of the front door for after-hours donations (including for Appeal).

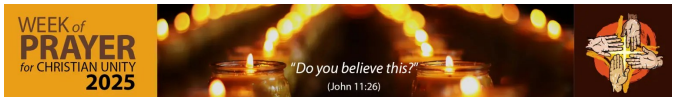
Give through your parish or [Donate online through Canada Helps](#)

[YouTube link Appeal](#); Archbishop Don's Concluding Message



**Holy Trinity Annual Appeal 2024 goal**

\$36,717. To date, we have received 80 percent of our goal. Final total will be published when received from Appeal Office at the Archdiocese.



**Week of Prayer for Christian Unity**

**Sunday, January 26, 2:30 pm** Christ the King Catholic Church, 3239 Garnet St. *This service planned with the Regina Council of Churches. Joint choir rehearsal at 1:30 pm.*

The 2025 theme, prepared by the monastic community of Bose in Northern Italy, "Do you believe this?" (John 11:26), takes its cue from the dialogue between Jesus and Martha when Jesus visited the home of Martha and Mary in Bethany following the death of their brother Lazarus, as narrated by the evangelist John. As 2025 marks the 1700th anniversary of the first Christian Ecumenical Council of Nicaea, Christians around the world are called to witness together to this faith in the resurrection, which is for us the source of hope and joy, to be shared with all peoples.

For more information: <https://www.weekofprayer.ca>

**Share Lent Workshop - Sat. Feb. 8 at 1 pm** Development & Peace Share Lent 2025 workshop for the Regina area at Holy Child Parish, 2636 7th Ave. E. To register or if you have any questions, contact Marian at 306-552-8318 or [mariangrady@sasktel.net](mailto:mariangrady@sasktel.net)

**Holy Trinity Parish on Facebook**—A great opportunity to be connected and up-to-date on our events and activities.



You can find us by searching for "Holy Trinity Parish, Regina" on Facebook, or with this link; <https://www.facebook.com/holytrinityregina> 'Like' and 'Follow' us to stay informed and engaged!

**Employment Opportunity:** Archdiocese Appeal —Donor Services Co-ordinator—[Details description on Archdiocese website.](#)



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## KNIGHTS OF COLUMBUS®

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 Contact through Holy Trinity office (306) 543-3838.

### Catholic Women's League

We invite you to join our Council.



For information on membership and benefits, please contact: Sherry Enns at 306-530-5846

### Bulletin Ad space

Monthly or Yearly. Reasonable rates.  
 Call or email Holy Trinity office.

306-543-3838  
 htrinity@sasktel.net



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### Spiritual Care in Hospital:

Pasqua Hospital Interim Chaplain  
 Jennifer Holtslander 306-519-1380

General Hospital Chaplain  
 Jerry Fitzgerald 306-519-1405

Wascana Rehab Centre Chaplain  
 Joan Rink 306-530-6511

### Archdiocese of Regina Weekly Report

The week's top local stories, parish and diocesan events, and national and international news of Catholic interest delivered to your in-box every Friday.



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